

Stunts, flips and air tricks

BMX bikers and skaters show off their skills in the parks

SEE PAGE 6



Walkabout in the borough

Action to clean up the streets after ward visits

SEE PAGES 14 & 15



Places to go, things to do

Find out what's going on in the borough this month

SEE GET A LIFE, INSIDE

ISSUE 962 3 - 9 JUNE 2013

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TOWER HAMLETS eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

CAR-FREE BOOST FOR BOROUGH'S CYCLISTS

New green route is a safe corridor across borough

BY SARAH MCLAUGHLIN

A WALKING and cycling route providing a safe, green corridor across the borough has officially opened.

It is at the heart of a network of new walking and cycling routes along traffic-free paths and quiet roads, connecting communities, parks, open spaces, schools and linking to stations.

Built by the council and sustainable transport charity Sustrans, the route was opened as Mayor Lutfur Rahman pledged to spend an extra £150,000 on safer cycling initiatives in the borough.

Mayor Rahman said: "This new route is an excellent way for residents to explore the borough and maintain or improve their fitness.

"I am pleased residents and visitors have already started making use of the traffic-free route, which shows off some of the best features of the borough.

"We are investing £150,000 into making cycling more accessible to all residents and are keen to get the community on their bikes, as it is a great way to stay active, a cheap way to travel and good for the environment."

The traffic-free routes are already proving attractive to new cyclists, helping to build confidence as well as fitness.

The new 3km route improves access to Victoria Park, Roman Road Market and attractions such as the V&A Museum of Childhood in Bethnal Green.

Continued on page 3

WE'RE OUTSTANDING!



Why are Jocelyn, Wajid, Kerziah, Rheanne and Jack all smiles? See page 7.

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Riverbank tales

Families explored characters associated with the history of Docklands and the River Thames.

SEE BELOW



Lots to do for under-fives

From story sessions to trips to local places of interest, children's centres provide a range of activities for under-fives. They also offer advice on health, training and work for parents and carers.

WWW.TOWERHAMLETS.GOV.UK

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abc

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Youngsters get to know characters of the Thames

BY JESSICA ODUBAYO

A SIX-week programme of creative activities for families and young children who visit some of the borough's children's centres ends this week with a celebration at the Museum of London Docklands.

Collingwood, Mile End and Mowlem children's centres have been working with the museum, exploring characters associated with the history of Docklands and the River Thames.

Through music, movement, play and drama, families explored characters who used to live and work along the river.

Sophie Martin, manager of the museum's family outreach programme, said traditional roles such as mudlarks (people who used to search the muddy shores of the river during low tide, scavenging for anything that could be re-sold), fish porters at Billingsgate Market, sailors, pirates and dockers were some of the historic characters explored through the activities.

"The project aimed to teach families and children between the ages of 18 months and three years about the local history of industries on the Thames and introduce them to the museum through learning together," Sophie told East End Life.

Emma Katsikides, a manager at Collingwood Children's Centre in Bethnal Green, said: "The project has been received with enthusiasm and was well attended at the centre.

"We would like to thank the Museum of London for the fun and interesting history lessons about Docklands and the River Thames."

Artist Alex Hirtzel led the families who took part in the project in music, song and dance, painting and collage making at the children's centres.

The celebration day at the museum in West India Quay, on Monday, June 3, is open to other families and will involve practical activities with music and play. Work from the project will be exhibited at the museum throughout this week.



Artist Alex Hirtzel, left, at Collingwood Children's Centre



Asadur Rahman with his son, Yunus



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Give the car a rest...

sustrans JOIN THE MOVEMENT

Sustrans is a charity which enables people to travel by foot, bike or public transport for more of the journeys they make every day, to enjoy healthier, cleaner and cheaper travel.

SEE BELOW

Learn to ride a bike

Free one-to-one cycle training is available for any adult who lives, works or studies in Tower Hamlets.

SEE CYCLINGINSTRUCTOR.COM

News

Free tennis fun at KEMP

RESIDENTS are being given a chance to pick up a racket and have a game of tennis at an open day at King Edward Memorial Park.

Tower Hamlets Tennis will be hosting the free activity day on Sunday, June 9 from 1-4pm.

There will be free coaching and cardio tennis sessions, a tennis inspired workout and mini tennis, which is aimed at getting more children between the ages of three and ten playing the sport. A bouncy castle, food and face painting will be provided, to add to the fun.

For more details contact Rachael Porsz on **rachael.porsz@lta.org.uk** or 07957 502474.

Continued from page 1

Bryn Lockwood, Sustrans' north London area manager, said: "This new route is fantastic for residents and visitors to Bethnal Green, helping them walk and cycle more easily through local parks and green spaces.

"It is vital that we continue to make the capital more accessible by creating more routes that provide people with the opportunity to walk and cycle everyday so we all have the chance to be fit and healthy."

The celebration for the official opening last Thursday at the Ecology Pavilion in Mile End Park included free repairs with Dr Bike and the chance to try free family cycling taster sessions.



(Right) Annette Jezierska of Sustrans, Mayor Rahman and Dick Vincent of the Canal & River Trust

Message to Oz: London rocks!

BY JESSICA ODUBAYO

WHEN a Bow resident wanted to persuade his 19-year-old niece to visit London instead of going on a cruise, he produced a home-made video featuring many of the attractions Tower Hamlets and other parts of the capital have to offer.



Tim (left) and Paul in Victoria Park with their message

Paul Joseph and his partner Tim Benzie launched the video on YouTube and sent it to Emma McMullin who lives in Brisbane, Australia.

The film starts with the couple getting on the number 8 bus and also features the Tower of London, Columbia Road Market, Canary Wharf, the London Marathon at mile 20 in Poplar, and the Emirates Airline cable car over the Thames.

Paul and Tim believe that London is the best city on earth and the video includes classic London attractions such as Big Ben, Trafalgar Square, Downing Street and a red phone booth.

They are also featured in fun poses holding a big blue sign saying 'It's got to be London' skipping in Green Park, patting a horse at the changing of the guards, on London Underground and posing with a busker.

Following its launch two weeks ago, not only has Emma agreed to visit London, but the quirky production has had about 10,000 views and has been featured on news programmes in both the UK and Australia.

"We're really proud of the video as it shows off London, and Tower Hamlets, brilliantly," Paul told East End Life.

"The great news is that Emma has now said yes and is coming to London. We would love more people to use the recording to persuade their own friends and family to visit. There has been so much bad news in London, we think the video is a great tonic as it's purely positive."

Visit **www.itsgottobelondon.com**

News in brief

Murder charge

A TEENAGER has been charged with the murder of a pensioner at a residential home.

The 17-year-old from Romford, who cannot be named for legal reasons, appeared at Stratford Magistrates' Court on Monday, May 27 and was charged with the murder of Margery Gilbey, 88, in Sonali Gardens, Sutton Street, Stepney on Friday, May 24. A 23-year-old man was also arrested in connection with the death.

Kids' tea party

TOWER Hamlets branch of the National Childbirth Trust (NCT) is holding a Cheeky Monkeys Tea Party at Stepney City Farm.

Activities include crafts, baby yoga, music sessions, sing & sign, pottery, animal handling, farm tours, a raffle and there will also be baked goods for sale.

The party from 1-4pm will be held at the farm in Stepney Way, E1 on Saturday, June 8.

For more information call 07401 693238 or visit **www.nct.org.uk**

Café open day

A SOCIAL enterprise, which provides work experience and employment for people with a disability, is hosting an open day.

Phoenix Blend café will host the free coffee-tasting event on Thursday, June 6 from 12-4pm at 29 Bell Lane, Spitalfields.

Call 7426 0458 or email **pathways@rchl.org.uk** for further information.

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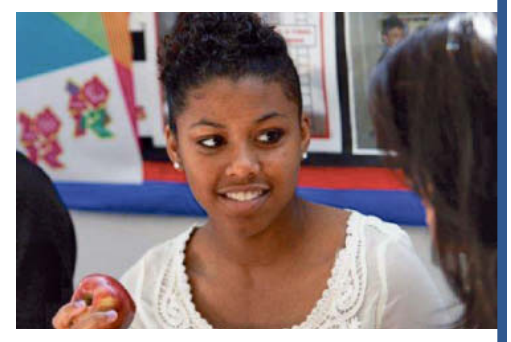
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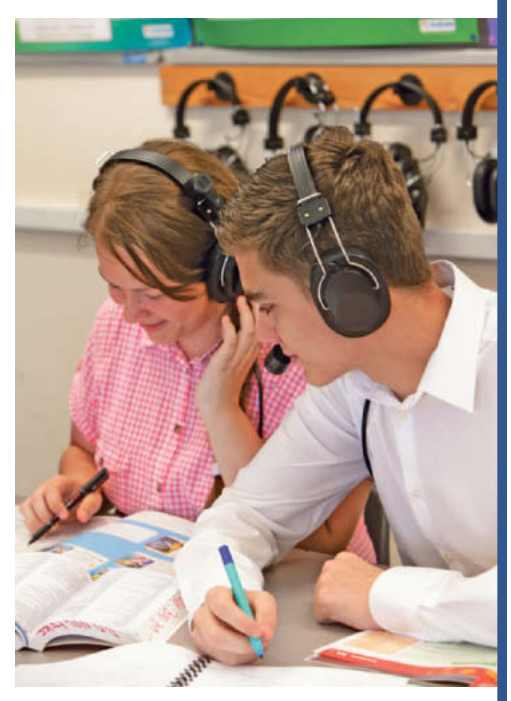
To book an appointment on one of the 'Taster Days' to visit the school and meet the staff email admin@langdonpark.org



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www.syclondon.org.uk



Protest to save green space

The King Edward Memorial Park monument reads: "In grateful memory of King Edward VII this park is dedicated to the use and enjoyment of the people of East London forever."

WWW.SAVEKEMP.ORG.UK

Take centre stage

Entries are being invited from theatre groups to take part in A Season of Bangla Drama in November.

SEE BELOW

News

KEMP protest rises to another level

A SCISSOR lift covered in blue netting was erected at King Edward Memorial Park in Wapping over the bank holiday weekend, giving the public an idea of the scale and impact of proposed vents.

Thames Water is proposing to use the site for the construction of its Thames Tideway 'super sewer' and the 26ft mock-up tower was in protest against the utility company's plans for the area.

Campaigning group Save KEMP which has been fighting against the plans since November 2010, say they object to the use of the park as it is the only green community space in the area.

Visit **www.savekemp.org.uk** for further information.



A scissor lift was used to raise public awareness of plans for Thames Tideway 'super sewer'

News in Brief

Dating in the dark

A BLIND date with a difference is being held in Brick Lane.

The Royal National Institute of Blind People is calling on East Enders to take part in a blindfolded speed dating event to raise money to help registered blind and partially-sighted people live more independent lives.

Dating in the Dark will be a night of drinks, speed-dating, music and a raffle at Café 1001 in Brick Lane, Spitalfields on Monday, June 3 from 7.30pm.

Tickets, which are priced £10 in advance, are available through **http://datinginthedark1001.eventbrite.co.uk**

Attack appeal

FOUR attackers with their faces covered dragged a 27-year-old man into a stairwell where he was punched and kicked and robbed of £35 and the keys to his home and car. The incident took place on Wednesday, May 22 at about 12.30am at Wellington Way, Bow. The victim was treated at the Royal London Hospital for cuts and bruising.

The attackers were aged about 17 to 23, slim and of average height. They were all dressed in black including hat, gloves and face coverings.

Anyone with information should call DC Rapp by dialling 101 or call Crimestoppers anonymously on 0800 555111.

Charity run

LOCAL charity Al Isharah is encouraging residents to take part in this year's Deaf Run at Mile End Park.

The two-mile run starts at 11am on Sunday, June 9.

For more information visit **www.alisharah.com**

Workshops offer diabetes advice

BY JESSICA ODUBAYO

STAFF at Barts Health are offering residents the chance to get screened to see if they are at risk of diabetes - a condition that affects 2.8 million people in the UK.

Tower Hamlets has a higher incidence of diabetes as a result of its population's ethnic make-up and high levels of poverty and deprivation. It is estimated that there are more than 14,500 people living with diabetes in the borough with a further 2,000 to 3,000 undiagnosed.

People of South Asian descent are six times more likely to have diabetes than the general population. Diabetes is also one-and-a-half times more common in deprived areas.

An open day is being held at Mile End Diabetes Centre, Mile End Hospital on Tuesday, June 11 aimed at patients, their family and carers, as well as healthcare professionals.

Visitors can find out what their risk factor is and there will also be information sessions about the two types of diabetes - type 1, where the body produces no insulin, and type 2 that accounts for 90 per cent of cases. There will be talks on new research into treating the disease, plus workshops on healthy eating, exercise and foot care, which is particularly important for those with the condition. A separate session will be held for Muslims who have diabetes and who plan to fast during the holy month of Ramadan.

They will be given advice about which foods to eat when they break their fast, as well as advice on how they can continue to take their medication while still observing their religious obligations.

Festival organisers call for performers

TALENTED performers can take centre stage at the 11th annual A Season of Bangla Drama theatre festival later this year.

Organisers are inviting theatre companies to express their interest for this year's event in November. The selected drama groups will have the chance to develop their production at the Brady Centre or Kobi Nazrul Centre from August.

The closing date to express interest is July 4.

Interested parties should download and complete the expression of interest form at **www.towerhamletsarts.org.uk**

For more information, call Kazi Ruksana Begum on 7364 7906.





Back to basics

The skate park in Victoria Park is the only one in London with a full cradle.

SEE BELOW



Get out and active

The council-run Urban Adventure Base in Mile End Park provides sport and adventure activities, with various clubs for young people. It also offers a range of trips, as well as holiday activities.

SEE BELOW



A BMX biker in full flow



Bridget displays her face mask

Children enjoy half-term holiday fun and games

BY SHALINA HUSSAIN

BMX bikers and skateboarders put on a dazzling display of stunts, flips and air tricks at the Urban Wheelers Jam in Victoria Park.

Young bikers and skateboarding enthusiasts joined in the fun day during the half-term break on May 29.

Urban Wheelers Jam, which was part of Tower Hamlets Sports Festival – an initiative to encourage more youngsters to get active – was organised by the council.

Free activities on the day included skateboarding lessons, urban climbing wall, BMX biking, music and a live graffiti wall.

Mayor Lutfur Rahman said: "I hope many young people and families made the most of the free and exciting events the council organised during half term."

Cllr Rania Khan, cabinet member for culture, said: "The Urban Wheelers Jam at Victoria Park was a fantastic day out and many thanks to the parks and sports development team for putting on such a successful event."

There was more skateboarding fun to be had for beginners in Mile End Park at the Urban Adventure Base where the sports development team helped youngsters get to grips with skating on four wheels.

Elsewhere in the park, children could go pond dipping, join in with a selection of arts and crafts activities or get dressed up as a superhero for Creepy Crawly Week.

A four-day holiday playscheme run by the council was also held at St Mary and St Michael Catholic Primary School in Shadwell, where 110 youngsters enjoyed arts and crafts, games, sport and cooking.



Beginners enjoy some skateboarding fun at Mile End Park



Alyss tackles the climbing wall



Children playing at St Mary and St Michael Catholic Primary School



Daniyal, Warren, Paul and Amaan dress up as superheroes



Learn more to earn more

From summer 2013, the Government has changed the law so that all young people in England will have to continue in education or training until their 18th birthday.

WWW.EDUCATION.GOV.UK

Outstanding St Paul's

"Our school is special, we have a kind staff, kind teachers and kind friends who make us feel welcome."

ST PAUL'S PUPIL ISFAHAN MASUD

News

STAFF and pupils at St Paul's Whitechapel Church of England Primary School were celebrating success, following an inspection by schools regulator Ofsted. The school has been awarded the highest rating and judged to be 'outstanding' in all four areas looked at by the inspectors.
"Pupils make excellent progress through the school. Their standard of reading has continued to rise consistently over recent years and remains well above average, writing standards are high and pupils have exceptionally positive attitudes to learning," the report says.
Ian Graham, chair of the governing body at St Paul's, said: "This is a great achievement for all those involved with St Paul's. It acknowledges the tremendous dedication and talent of the staff and the enthusiasm for learning that generates in the children."
Head teacher Terry Bennett added: "We are absolutely delighted. The staff, children, governors, parents and carers and all members of the St Paul's family should feel very proud of themselves."
Year 6 pupil Isfahan Masud said: "Our school is special, we have a kind staff, kind teachers and kind friends who make us feel welcome."



St Paul's pupils Iman, Anika and Arif

News in brief

Join feminist walk to Victoria Park

MEMBERS of the East London Feminists group are planning a march and rally from Mile End station to Victoria Park, to commemorate the centenary of the death of suffragette Emily Wilding Davison.

The event on Saturday, June 8 is also aimed at drawing attention to under-representation of women in politics.

Visit **http://suffragette100.eventbrite.co.uk**

Oyster refund

OWNERS of old Oyster cards who do not intend to use them can return the card and ask for a refund.

Call 0343 222 1234 or visit any London Underground ticket office if cash has been used to top up the Oyster card.

Training or school till age 18 under new law

BY IAN READ

CAREERS experts are urging schoolchildren to be aware of a change in the law which means they will have to carry on with some kind of education or training at age 16.

Young people currently in year 10 or below will need to continue in education or training until at least their 18th birthday. Year 11 students will have to continue until the school year in which they turn 17.

The change is part of a Government drive, called Raising the Participation Age, aimed at boosting young people's skills and qualifications. Ministers hope it will mean today's young people can earn more money later in life.

The council has issued information leaflets on the changes to parents and students, and is now calling on anyone with questions to seek advice.

Steve Grocott, the careers service manager, said: "For most people, this law change won't make any difference because most young people stay in full-time education or training past year 11.

"But we don't want anyone to ignore it and hope it goes away. We are doing all we can to give young people the information so they can make the right decisions for them. I would urge anyone who wants more advice to contact us."

The Government wants people to stay in education or training until they are 18 because evidence shows that gaining qualifications at this stage in life can help them earn more over their lifetime. On average, those with at least two A levels earn 14 per cent more than those without.

However, staying in education does not mean young people have to stay at school against their will. For example, they can work full-time as long as they also take up part-time training or education, or they could start an apprenticeship.

What are my options at 16?

THE choices available under the Raising of the Participation Age legislation are:

- **study full time in a school, college or with a training provider**
- **full-time work or volunteering combined with part-time education or training**
- **an apprenticeship (www.apprenticeship.org.uk).**

For more help, speak to your teacher or careers adviser in school or contact the Tower Hamlets Careers Service at 35 Bow Road, E3, call 7364 1401, visit the website **www.towerhamlets.gov.uk/careers-service** or email **careers.service@towerhamlets.gov.uk**

There is more information at the National Careers Service website at **https://nationalcareersservice.direct.gov.uk** or via its helpline on 0800 100 900.



TOWER HAMLETS

For your information

Parking to pest control, housing to hate crime

TURN TO PAGES 16 & 17

What to do to stop smoking

To stop smoking call the Tower Hamlets Smokers' Helpline or visit your local pharmacist. Various support options are available including specialist support if you find it difficult to give up.

CALL 7364 5016

Useful information

Borough is top for quit rates

News from Tower Hamlets Public Health

TOWER Hamlets is leaps and bounds ahead of other London boroughs, with a record number of residents quitting smoking with help from local stop smoking services.

The recent results published by NHS London show 1,280 successful quits for every 100,000 people in Tower Hamlets during the winter months of 2012-13.

For Tower Hamlets Council, supporting residents to stop smoking is one of the main priorities in reducing health inequalities and improving the wellbeing of local people.

Although Tower Hamlets continues to have amongst the highest levels of smoking and smokeless tobacco use in London with more than 45,000 adults (24.5 per cent) smoking regularly, approximately 23 per cent of the population are ex-smokers. The average smoking rate in London is about 21 per cent.

James Taylor, 46, an English teacher at Queen Mary, University of London attributes his smoke-free lifestyle to the specialist stop smoking services.

Smoking a pack a day for 25 years, James started having breathing problems, encouraging him to contact the service for the third time.

"I had actually quit with the help of the specialist stop smoking service twice before, so I wasn't sure if they would help me again," he said.

"But they are so approachable and supportive, and didn't mind helping me through the process again."

James would see his stop smoking adviser Barnie, every week on a one-to-one basis and took Champix to help control cravings.

He said: "I enjoyed seeing him every week as it gave me a point to work towards.



James Taylor puts his smoke-free lifestyle down to Tower Hamlets specialist stop smoking services

"He was always very flexible as well – if I needed to re-arrange an appointment at the last minute."

James has been smoke-free for three months, but still has regular contact with Barnie to keep himself on track.

"I am so grateful for their constant support; even if I just need to drop in to have a chat, they still make time for me," he said.

"I feel great – I've become so much more active. Besides cycling and swimming, I've started doing more intense fitness, such as British military training, which I definitely wouldn't have been able to do if I was still smoking."

Become smoke free today – speak to your pharmacist or GP or contact the specialist stop smoking service:

- for one-to-one or group support call 0800 169 1943
- for support in Bengali or English contact the Bangladeshi Stop Tobacco Project on 7882 8669 (women) or 7882 8660 (men).

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.
Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.
Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.
Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.
Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.
Forward, 648 Mile End Road: Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.
Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.
Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.
Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat 9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor).

To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

Family Information Service (FIS)
The Family Information Service provides information for people from birth to age 19 (or 25 for those with additional needs) including helping parents and carers find high quality childcare, advice on tax credits and childcare vouchers.
Open Mon-Fri, 8am-6pm.
Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14.
fis@towerhamlets.gov.uk
7364 6495

Tower Hamlets Home Birth Support Group
Last Thurs of each month, 8pm.
31 Ridgdale Street, E3.
8981 1159

Parents Advice Centre (PAC)
Offers impartial advice around special educational needs (SEN).
30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9:30am-1pm.
7364 6489

LinkAge Plus
Toynbee Hall is one of five network centres that co-ordinates services and activities provided.
Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group.
Toynbee Hall, Commercial Street, E1
7392 2914
www.toynbeehall.org.uk

Welfare advice

All the organisations listed below can help you with welfare benefits, housing and general debt problems.

Account 3
1-9 Birkbeck Street, E2.
7739 7720
www.account3.org.uk

Bangladesh Youth Movement
21-23 Henriques St, E1.
7488 1831/2

Bromley by Bow Centre
St Leonard's Street, E3.
8709 9737 www.bbbc.org.uk

Citizens Advice Bureau (CAB)
32 Greatorex Street, E1.
7247 1050
www.adviceguide.org.uk

Island Advice Centre
Island House, Roserton Street, Isle of Dogs, E14.
7987 9379
www.island-advice.org.uk

Legal Advice Centre
University House, 104 Roman Road, E2.
8980 4205
www.legaladvicecentre.org.uk

Limehouse Project
Cheadle Hall, Cheadle House, Copenhagen Place, E14.
7538 0075
www.limehouseproject.org.uk

Praxis (New Residents Service)
Pott Street, E2.
7729 7985
www.praxis.org.uk

Tower Hamlets Law Centre
(specialist advice by appointment and evening legal advice sessions).
214 Whitechapel Road, E1.
7247 8998
www.thlc.co.uk

Debt advice

Toynbee Hall Advice Service
28 Commercial Street, E1.
7392 2953
advice@toynbeehall.org.uk
www.toynbeehall.org.uk

Fair Money Advice
530 Commercial Road, E1.
7702 8032
www.fairfinance.org.uk

Island Advice Centre
Island House, Roserton Street
Isle of Dogs, E14.
7987 9379
www.island-advice.org.uk

National Debt line
0808 808 4000
www.nationaldebtline.co.uk

Step Change Debt Charity
0800 138 111
www.stepchange.org







Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email **eastendlife.news@towerhamlets.gov.uk** and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name .....

Address .....

.....

Issue no. **Page no.**



Growing has many benefits

"I enjoy the fact that I have a space to care for, and to grow food and flowers for all to enjoy. It has given me a sense of personal achievement... and it's keeping me healthy."

RESIDENT NADIA BADINELLI

Police on the streets

The Partnership Task Force, part-funded by the council, has 30 constables, three sergeants and a detective inspector.

SEE BELOW

Cleaner, safer, greener news

Nadia adopts a garden

BY SARAH MCLAUGHLIN

A NEW 'adopt a garden' scheme got off to a flying start thanks to a team of volunteers from Veolia and the council's Clean and Green team.

Nine of them came together last month to clear an area in Lukin Street, E1 so it can be used as a flower bed, and to generally improve the area.

The group cleared the bed, supplied and laid compost and bark, built raised beds and planted bulbs.

The flower bed has been adopted by resident Nadia Badinelli who will now care for it. This is the first area of land prepared under the scheme.

Nadia said: "This has been a great experience. Working with the volunteers from Veolia and the council has really made me enthusiastic about making a difference in the community.

"I am proud to be involved and enjoy the fact that I have a space to care for, and to grow food and flowers for all to enjoy.

"It has given me a sense of personal achievement, the opportunity to meet other people and it's keeping me healthy.

"I would encourage everyone to get involved – schools, businesses and residents – anyone who cares about where they live and wants to make a difference."



Cllr Shahed Ali with Nadia Badinelli

Cllr Shahed Ali, cabinet member for environment, said: "Nadia wanted to make a difference and improve a public space. We have all come together today to support her in her first steps in adopting the garden.

"Although the area chosen was very overgrown and would have been quite daunting for most people, she was not put off.

"The day has been a complete success and I would like to say thank you to Nadia and welcome her as our first 'adopt a garden' volunteer."

Mayor Lutfur Rahman said: "Adopt a garden is a great way to get involved in improving the area you live or work in and instilling pride in Tower Hamlets."

For more information about adopt a garden or clean and green volunteering opportunities email Sam Dundas-Dunbar at **sam.dundas-dunbar@towerhamlets.gov.uk**, visit **www.towerhamlets.gov.uk/litter** or call 7364 6696.

Market trader fined £5,000 for selling fake cosmetics

A MARKET trader has been prosecuted and fined for dealing in fake cosmetics.

Amy Mullins of Bostall Lane, Greenwich, who held a casual market trader's licence in Roman Road Market, was found guilty at Snaresbrook Crown Court of five offences under the Trade Marks Act 1994.

A jury returned a unanimous guilty verdict on May 7, after a two-day trial.

The case followed the seizure by the council's trading standards staff of 700 branded cosmetic items, from a stall Mullins was running in Roman Road in February 2012.

The value of the goods was estimated at more than £7,000. If the items had been genuine, they would have been worth twice that amount.

The brand names included MAC, Bobbi Brown, Chanel, Christian Dior and Benefit.

Mullins was fined £300 for each offence making a total fine of £1,500. She was also ordered to pay prosecution costs of £3,900 as well as a £120 victim surcharge.

A term of imprisonment of four weeks was set if she fails to pay the total of £5,520.

Deputy Mayor Cllr Ohid Ahmed said: "Selling fake goods is bad business. Not only does it affect legitimate local businesses, but it also leaves the customer short-changed as they end up paying for an inferior product."

To report the sale of fake goods in the borough, call the trading standards team on 7364 5008.

Shotgun found on estate

MEMBERS of a police task force found a bag containing a loaded sawn off shotgun and live cartridges on a Poplar housing estate.

Based at Bethnal Green police station, the Partnership Task Force (PTF) is responsible for dealing with gang crime and serious violence.

On May 16, officers from the PTF acting on information about the Abberfeldy Estate, were searching an embankment when they found the bag partially hidden in undergrowth.



Officers believe offenders who do not want to be caught in possession of weapons hide them in public places until they are needed.

The gun has been sent for forensic testing.

Detective Inspector Yasmin Lalani of the PTF said: "The removal of this lethal weapon from the streets of Tower Hamlets is a significant achievement.

"We are determined to disrupt and tackle gang, gun crime and serious violence in our borough and are going to hold to account the people who are involved."

Anyone with information that could assist police in their work to make the community safer or people who are concerned about a young person's possible involvement with gangs should call 101, or Crimestoppers on 0800 555111.



Variety of services

Alzheimer's Society Tower Hamlets has a range of services to support people with dementia and their carers.

SEE BELOW



We must get the message across

"With over 800,000 people with dementia in the UK – 1,600 people of these living in Tower Hamlets – it is so important to get the message across." Bill Gibbons, left.

WWW.ALZHEIMERS.ORG.UK

News in brief

Life-coaching offer

AN anti-poverty charity is offering a free service to residents on a low income to help them take charge of their lives and build emotional resilience.

This Way Up is run by Quaker Social Action (QSA) in Bethnal Green and combines life coaching to help people understand themselves better, cope with everyday life and take steps towards their goals.

Programmes will run from July 8 to August 12, then in September/October, and November/December.

Each participant will get six free hour-long individual coaching sessions.

Open sessions for people who want to apply for a place or find out more, will take place from 6-7pm on Thursday, June 7, or 1-2pm on Wednesday, June 19.

Call 8983 5036, email **thiswayup@qsa.org.uk** or visit **www.quakersocialaction.com/thiswayup** to download an application form.

Healthy neighbours

COMMUNITY organisation Neighbours in Poplar will host a health-themed event on Friday, June 7.

There will be information stalls and healthy activities at the event, from 11am-3pm at St Matthias Community Centre, 113 Poplar High Street, E14.

Residents aged 50 and over are invited to attend. For more information, call 7515 8362.

Volunteers' Week

THIS week is Volunteers' Week, celebrating the contribution to society made by thousands of individuals across the UK.

Services and organisations, which rely on the support of volunteers, will host events and awards ceremonies to recognise and thank those who contribute to their community.

Age UK East London, based at Appian Court in Bow, will be hosting a celebration and awards ceremony and will present a special award to its volunteer of the year.

The Barry Blandford award has been developed by the charity, with family and friends of the late former mayor of Tower Hamlets, in recognition of his dedication and hard work to volunteering services in the borough.

Volunteer co-ordinator Sharon Waddams said: "Barry Blandford volunteered for Age UK East London for many years.

"He joined us when were known as Age Concern Tower Hamlets. Barry was a trustee and also helped in lots of other ways including at events and charity fundraising."

Join art group

PEOPLE who have experienced mental health issues are invited to unlock their artistic potential, explore their creative side and meet new people at a weekly art group.

Expression with Art meets on Wednesdays at 6.30pm, at the Parish of Christ and St John, in Manchester Road on the Isle of Dogs.

The group is free to attend and especially welcomes people who may not go out much and have difficulty expressing themselves verbally.

For more information, email **phillipsingh@btinternet.com** or call 07956 391913.

Recruitment drive

A RECRUITMENT drive to train health visitors in London is in full swing.

Health visitors play a vital role in the community, supporting families to ensure children get a healthy start in life.

The government wants to recruit an extra 4,200 health visitors by 2015 and has launched training programmes beginning in September 2013 and January 2014.

Training is fully funded and a salary is paid throughout the course.

Roles include working to improve the health of families, home visits and running support groups for parents.

To apply visit **www.londondeanery.ac.uk/var/recruitment/specialist-community-public-health-nursing** or call 7862 8601. The deadline for applications is Friday, June 14.



Dolly Witchells and Linda Grafton with dementia support worker Justina Sciukaite at Idea Store Bow

Raising awareness of realities of dementia

BY JESSICA ODUBAYO

RESIDENTS joined in conversations about mental health as part of Dementia Awareness Week at the end of May.

The Alzheimer's Society in Tower Hamlets hosted events across the borough to hand out information and get people talking about dementia.

People visited stalls in Poplar, Bow, Canary Wharf, Whitechapel and Bethnal Green, many wanting information about what dementia is and how it might affect them.

Bill Gibbons, support services manager with the society, said dementia caused a gradual decline in brain function and interfered with the ability to carry out normal tasks.

Mr Gibbons said symptoms can include memory loss, confusion, mood changes and can affect language skills too.

"It is our job to help people understand more about dementia – the first thing is to get people talking," he said.

"Sometimes this is difficult, but with over 800,000 people with dementia in the UK – 1,600 people of these living in Tower Hamlets – it is so important we get our message across."

Alzheimer's Society Tower Hamlets has a range of services, which support people with dementia and their carers.

These include a monthly coffee club and a Monday memory sitting as well as carers' events, advice and information.

For details contact Bill Gibbons on 8121 5626.



Ted Lewis with some leaflets

Cash for grass roots health projects

GRANTS totalling £65,000 are being made available to community and voluntary organisations to fund projects that support health and wellbeing in the borough.

Following a successful pilot last year, NHS Tower Hamlets Clinical Commissioning Group (CCG) has announced its Innovation Bursary scheme, which will support some of the key health priorities within Tower Hamlets.

Last year, five organisations successfully applied for funding to run projects.

Dr Sam Everington, chair of the CCG, said the bursary scheme was an opportunity for the group to work more closely with the community and voluntary sector, in an effort to improve health services.

He said: "We want to support projects that promote innovation and that will achieve better outcomes for patients and local residents."

Applications are invited from projects which seek to promote greater partnership working between the community and GPs, encourage patients to get involved in the development of services, promote greater integration of services and address the use of urgent care services, such as A&E and out-of-hours GPs.

For more information and how to apply for the bursary, visit **www.towerhamletsccg.nhs.uk/Get-involved**



Take a journey back in time

A new exhibition has opened at the Tower of London. Coins and Kings: The Royal Mint at the Tower explores the story of the Mint during its years at the Tower.

WWW.HRP.ORG.UK/TOWEROFLONDON/WHATSON/COINSANDKINGS

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at **johnrennie@gmail.com**

WWW.EASTLONDONHISTORY.COM

History

A King's battle to ease financial woes

BY JOHN RENNIE





(Above) The Tower of London: home of the early English Mint, (above right) Edward I

DEVOUT in church, careful and competent in council, and viciously unforgiving on the battlefield, Edward I perfectly filled his role as a medieval English king.

Inheriting a kingdom in political and financial disarray on the death of his father, Henry III, in 1272, he had much to do – pacifying and subjugating the warring barons and rebuilding England's finances after years of ruinous crusades and civil war.

His solution was typically bold and uncomprising: to expel the Jews from his realm, and construct the first proper English mint, at the Tower of London.

Edward was himself crusading in France when the news of Henry's death arrived. But though he was still leading from the front in battle, Edward was already 33, middle-aged by the standards of the day and he had a wise (if occasionally hot) head.

Now he would fight using the laws of England as well as the sword. Edward 'Longshanks' would become known as the Hammer of the Scots for his merciless campaigns against his northern neighbours, but from the 1270s onward he was as much a hammer of the Jews, simultaneously milking them for cash while blaming them for England's financial woes.

Since the Jews had been invited to England by William I two centuries before, they had occupied a unique position in English life, outside the rigidly static feudal system of lords, vassals, villeins – instead being constitutionally considered the king's possessions. Ironically, this gave them rather more freedom. They could move around the country, they weren't tied to a certain estate, and they could buy and sell freely.

The Christian Church forbade the creation of credit (usury) but this didn't apply under Judaism, giving them a crucial role in keeping the economy moving, accepting deposits and lending out again at interest: they were the first English bankers.



Edward I

They were also largely responsible for minting England's coins, at numerous sites around the country. William's Jews settled outside the eastern walls of the City (they were forbidden from trading within) in Aldgate, Spitalfields and Shoreditch, and there they remained for two centuries.

But three years into Edward's reign, the English coinage was in crisis – inflation was raging and foreign trade suffering as Continental traders refused to accept poor quality English coins. These were made of gold and silver, and most had been either 'clipped' (small quantities of precious metal removed) or dodgily forged in the first place, with too much base metal added to the real stuff.

From 1275, all the English Jews were ordered to give up money-dealing and find new work; they were given 15 years to do so, though given their status outside the rigid hierarchy of English society, even this was a tall order. But then, on November 17, 1278 all the Jews in England were seized and imprisoned for coin clipping. Next, all goldsmiths and mint officials were arrested and a series of questionable trials began.

The fortunate ones were fined and all possessions confiscated by the Crown. The less lucky were hanged. Martin Allen, in Mints and Money in Medieval England, writes that: "In London alone, 269 Jews and 29 Christians were executed, and at least 148 Jews lost all their goods."

Edward's 'chief moneyer', Philip de Cambio, accused of adulterating the metal for the coins, was hanged, drawn and quartered, along with his assayer, William Harlewyn.

Another assayer, Thomas de Brancestre, along with other mint officials, dodged death by claiming clerical status. Now Edward had to restore faith in his currency. New coins were struck and new men employed: they were a mix of English nobles and imported Italian, and would run operations from a brand new mint in the Tower of London, opened in 1279. It would remain there for the next 500 years.

But where did this leave the Jews? Ever since they had come to England they had lived beneath a double-edged sword.

They were considered essential, oiling the wheels of the economy, but had engendered envy as they grow rich on the proceeds.

Anti-semitism had been growing for decades – from the early years of the 13th century Jews had to wear a badge (an early precursive echo of the yellow star under Nazism) identifying them as such.

Colourful myths, such as the blood libel, and the Christ-denying Wandering Jew story, grew around Europe.

And they were outsiders – Edward had an easy target against whom to unite his unhappy nation, and the canny administrator thought he could solve his financial woes at the same time.

The 50-year-old monarch returned from warring in France in 1289, deeply in debt. First he got his knights together and broke the bad news – taxes were going up. Then he sweetened the pill: all the Jews (who had already been taxed till the pips squeaked) would be expelled from England. The Crown would grab all their possessions and all the loans that were due to them.

As a moneygrab, under the cover of religion, it is up there with Henry VIII and the dissolution of the monasteries - indeed, three centuries later, that the king would do his own sterling work in wrecking the English economy.

Back in the 13th century, Edward's post-expulsion economy lurched from crisis to crisis, with numerous expensive wars, battles with the lords, and the feudal system increasingly buckling under the strain.

Worse was to come, with the Great Famine and Black Death of the 14th century sending England into a century of more of decline. As for the reviled Jews, they left for France, or went under cover – Anglicising their names and their jobs.

It would not be until the time of Oliver Cromwell, trying to rescue the English economy from the mismanagement of another king, that the Jews would be welcomed back.

Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 4944



নারীর বিরুদ্ধে সহিংসতা রোধে কার্যকর ভূমিকা পালনের আহ্বান

নারী নির্যাতনের বিরুদ্ধে প্রতিরোধ গড়ে তোলার লক্ষ্যে শতাধিক পেশাজীবী এবং বাসিন্দাদের উপস্থিতিতে দিনব্যাপি ভায়োলেন্স এগেইনস্ট ওমেন এন্ড গার্লস শীর্ষক এক সেমিনার বক্তারা বারার মহিলা ও তরুনীদের উপর নির্যাতনের বিরুদ্ধে ভুমিকা গ্রহনের উপর আলোকপাত করেন। তারা বলেন, ৯৭% অভিযোগই নারী নির্যাতনের। বিস্তারিত পড়ুন নীচে -

CONFERENCE LAUNCHES PLAN ON DOMESTIC VIOLENCE

Harmony

Isbedelka da'da waxbarashada

Staying in education or training – see page 7

KUBARADA Tower Hamlets ee aayo ka talinta asyaa carruurta dugsi-yada ku baraarujinaya sharciga isbedelaya oo macnihiisu yahay in ay sii wadan karaan waxbarasho amma taba bar markay 16 jir yihiin.

Ubadka haatan ku jira kal sannadeedka10 aad amma ka hooseeyaa, waxay sii wadan karaan waxbarashadooda ilaa iyo sannad guurada dhalashadooda 18 jirkooda. Ardayda ku jirta sannadka 11aad waxay sii wadan karaan waxbarashada ilaa 17 jirkooda.

Isbedelkan waxuu qayb ka yahay talaabada dawladu qaaday, looguna magac daray kor u qaadida da'ada ka qayqaadashada, taas oo loola dan leeyahay in dhallinyarada xirfado iyo aqoonsiyo helaan. Wasiiradu waxay rajeenayaan in macnaheedu tahay dadka dhallinyarada ah ee maantu in lacag badan kasbadaan noloshooda danbe.

Kownsulka Tower Hamlets wuxuu soo saaray liifletis uu dhan yahay macluumaadka ku saabsan isbedelkan, kuwaas oo uu u qaybiyey waliidiinta iyo ardayda. Waxaana lasgu booriyaa dadweynaha ciddii wax weydiimo ah ka qabtaa in talo raadsato.

Steve Grocott, maareeyaha adeega aayo ka talinta, ayaa yidhi: "Dadka intiisa badan sharcigan la bedeley farqi umma yeelanayo maxaayeelay carruurta intooda badani waxay ku jiraan waxbarasho buuxda ilaa ay ka gudbayaan sannadka 11aad.

"Hasayeeshee waxaan ka digeenaa in la dhayalsado. Intii karaankayaga ah warka waanu u fidinaynaa carruurta, si ay iyagu go'aanka u qaataan. Waxaan ku dhiirigelinayaa qofkasta oo talo u baahani in uu nala soo xidhiidho."

Dawladdu waxay dooneysaa in dadku waxbarasho iyo tababar ku jiraan ilaa iyo 18 jirkooda, maxaayeelay marag baa loo hayaa muujinaya in haddii dhallinyaradu facaa aqoonsi ku hesho, in uu anfacayo xilliyada danbe ee noloshooda.

Faahfaahin dheeraad ah la xidhiidh: Tower Hamlets Careers Service, 35 Bow Road, London E3 2AD, wacitaanka telefoonku waa 020 7364 1401 amma booqo **www.towerhamlets.gov.uk/careers-service**, haddii kalana email u **dircareers.service@towerhamlets.gov.uk**

নারীর বিরুদ্ধে সহিংসতা রোধে কার্যকর ভূমিকা পালনের আহ্বান

Tackling violence against women and girls – issue 961

নারী নির্যাতনের বিরুদ্ধে প্রতিরোধ গড়ে তোলার লক্ষ্যে শতাধিক পেশাজীবী এবং বাসিন্দাদের উপস্থিতিতে দিনব্যাপি ভায়োলেন্স এগেইনস্ট ওমেন এন্ড গার্লস শীর্ষক এক সেমিনার ওসমানি সেন্টারে অনুষ্ঠিত হয়েছে।

সেমিনারে অতিথিরা কাউন্সিলের অভিজ্ঞ অফিসারদের বক্তব্য শুনেন। এ ছাড়া আরো বক্তব্য রাখেন কমিউনিটি সেক্টর, পুলিশ এবং অন্যান্য বিশেষ সংস্থার কর্মকর্তারা।

বক্তারা বারার মহিলা ও তরুনীদের উপর নির্যাতনের বিরুদ্ধে ভুমিকা গ্রহনের ব্যাপারে আলোকপাত করেন। তারা বলেন, ৯৭% অভিযোগই নারী নির্যাতনের। এসব অভিযোগের মধ্যে রয়েছে ধর্ষণ, যৌন নির্যাতন, ডমেস্টিক ভায়োলেন্স, নারী পাচার, যৌন শোষন, সংঘবদ্ধ দলের দ্বারা হয়রানি, যৌনাঙ্গ কর্তন, ফোর্সড ম্যারেজ ইত্যাদি।

ডেপুটি মেয়র কাউন্সিলর ওহিদ আহমদ সেমিনারে বক্তব্য রাখতে গিয়ে বলেন, গত বছর নারী এবং তরুণীদের উপর নির্যাতনের ব্যাপারে বহু অভিযোগ নথিবদ্ধ করা হয়েছে।

তিনি আরো বলেন, নারী নির্যাতনের বিরুদ্ধে ব্যবস্থা গ্রহনের জন্যে সংশ্লিষ্ট সকলকে দায়িত্ব নিয়ে ভুমিকা পালন করতে হবে। বহু ঘটনার বিরুদ্ধে অভিযোগ করা হয় না, কারন ভুক্তভোগি জানেন না কোথায় অভিযোগ জানাতে হবে।

তিনি বলেন, তাই আমাদের লক্ষ্য হচ্ছে, ভুক্তভোগি এবং পেশাজীবীদের কোথায় সহযোগিতা পাওয়া যায় তা অবগত করা। সহযোগি সংস্থা গুলোর সাথে কাজ করে একটি শক্তিশালি নেটওয়ার্ক গড়ে তোলাও আমাদের লক্ষ্য।

যে সব কাজ ইতোমধ্যে করা হয়েছে এগুলো যেমন তোলে ধরা হয়েছে, তেমনি কনফারেন্সে কোথায় সার্ভিস পাওয়া যাবে তা ও জানানো হয়েছে।

তিনব্যাপি এই সম্মেলনের লক্ষ্য ছিল এজেন্সীগুলোর সাথে যোগসূত্র স্থাপন করে বাসিন্দাদের সাথে এক যোগে কাজ করা।

টাওয়ার হ্যামলেটসের নির্বাহী মেয়র লুৎফুর রহমান এ ব্যাপারে মন্তব্য করতে গিয়ে বলেন, ওয়ান টাওয়ার হ্যামলেটস গড়ে তোলার লক্ষ্যে সকলের জন্যে সেবা নিশ্চিত করতে আমরা কাজ করছি।

ভিএডব্লিউজি এর স্ট্রাটেজি ম্যানেজার ফিওনা ডায়ার বলেছেন, এই বারাতে ডমেস্টিক ভায়োলেন্সের রিপোর্টিং এর হার খুবই বেশি। এতে প্রমাণিত হয়, কাউন্সিল খুব ভাল কাজ করেছে। এই গোপনে থাকা বিষয় রিপোর্ট করার ফলে কাউন্সিল, পুলিশ এবং সহযোগি সংগঠনগুলো যথাযথ ব্যবস্থা নিতে সক্ষম হচ্ছে।

আরো জানতে হলে ফিওনা ডায়ারের সাথে ৭৩৬৪ ৪৩৮০ নম্বরে অথবা **dwyer@towerhamlets.gov.uk** এই ইমেইলে যোগাযোগ করতে অনুরোধ করা হয়েছে।



Borough commander Dave Stringer addresses the conference

WAXAA dhawaan, kulan ay iskugu yimi kowsulku, loo kal doortay Af-hayeenka kownsulka Tower Hamlets iyo ku-xigeenkiisa Cllr Lesley Pavitt iyo Cllr Mohammed Mukit.
Cllr Pavitt oo ah hawlgab kalkaaliso caafimaad ah, waxay doorbiday in ay maalgelin u ururiso ururada samafalka ah ee kala ah Magic Me ee Bethnal Green iyo ururka Cardboard Citizens ee Whitechapel.
Cllr Pavitt oo laga soo doortay koonfurta Bethnal Green 2010, waxay ahayd kal hore ku-xigeenka, af-hayeen hore Cllr Rajib Ahmed.



১৬ বছর বয়সীদের জন্য শিক্ষা ও প্রশিক্ষণ

Staying in education or training – see page 7

সরকারের নতুন আইন অনুযায়ী ১৬ বছর বয়সী শিক্ষার্থীদের এখন থেকে যে কোন বিষয়ে শিক্ষা বা ট্রেনিং গ্রহণ করতে হবে বলে টাওয়ার হ্যামলেটসের কেরিয়ার এক্সপার্টরা জানিয়েছেন। সরকারের নতুন আইনের ফলে যারা এখন ইয়ার টেন এ বা এর নীচের ক্লাশে রয়েছেন তাদেরকে ১৮ বছর পর্যন্ত অধ্যয়নে থাকতে হবে। ইয়ার ইলেভেনের ছাত্রদের ১৭ বছর হওয়া পর্যন্ত স্কুলে থাকতে হবে।

রেইজিং দি পার্টিসিপিশন এইজ নামের সরকারের এই কর্মসূচির লক্ষ্য হচ্ছে, যোগ্যতা ও দক্ষতা অর্জন করানো। মন্ত্রীরা মনে করেন আজকের তরুনরা আগামি দিনে আরো বেশি অর্থ উপার্জন করতে পারবেন।

টাওয়ার হ্যামলেটস কাউন্সিল এই নতুন আইনের ব্যাপারে লিফলেট প্রকাশ করেছে। যদি কারো কোন প্রশ্ন থাকে তাহলে তারা পরামর্শ গ্রহন করতে পারেন।

ক্যারিয়ার সার্ভিস ম্যানেজার স্টিভ গরোকট বলেন, অনেকের ক্ষেত্রে এই নতুন কোন প্রভাব ফেলবে না। কারন ১৮ বছর পর্যন্ত অনেকেই ফুল টাইম অধ্যয়ণরত থাকেন অথবা ইয়ার ইলেভেনের পরে ট্রেনিং নিয়ে থাকেন।

তিনি আরো বলেন, আমরা চাইনা কেউ বিষয়টি এড়িয়ে যান এবং তার প্রত্যাশা তিরোহিত হয়ে যাক। আমরা তরুনদের সকল তথ্য ও পরামর্শ দিয়ে সহযোগিতা করতে চাই যাতে তারা সিদ্ধান্ত গ্রহন করতে স্বাচ্ছন্দ্য ভোগ করতে পারেন। যারা পরামর্শগ্রহন করতে ইচ্ছুক তাদেরকে আমাদের সাথে যোগাযোগ করার জন্যে অনুরোধ জানাচ্ছি।

সরকার চায়, তরুনরা ১৮ বছর পর্যন্ত শিক্ষা গ্রহন করতে থাকুক। কারন দেখা গেছে এই সময় পর্যন্ত শিক্ষা ও প্রশিক্ষন গ্রহন করলে ভবিষ্যত জীবনে অর্থ উপার্জন করার পথ সুগম হয়। যাদের অন্তত দুটি এ লেভেল রয়েছে তারা ১৪ পার্সেন্ট বেশি আয় করে থাকে যাদের এই যোগ্যতা নেই তাদের চাইতে।

রেইজিং অফ দি পার্টিসিপেশন এইজ লেজিসলেশনের আওতায় যেসব বিষয়গুলো পছন্দ করা যাবে, সেগুলো হল, স্কুল কলেজে ফুল টাইম অধ্যয়ন করা, প্রশিক্ষন গ্রহন করা। ফুল টাইম কাজ করা বা ভলান্টারি করা অথবা পার্ট টাইম এডুকেশন বা ট্রেনিং এ লিপ্ত থাকা। এপ্রেন্টিশিপের জন্যে **www.apprenticeship.org.uk** এই ওয়েবসাইট ভিজিট করার জন্যে অনুরোধ করা হয়েছে।

আরো সহযোগিতা পাওয়ার জন্যে স্কুলের কেরিয়ার এডভাইজার বা টিচারের সাথে আলাপ করার জন্যে অনুরোধ করা হয়েছে। এ ছাড়াও টাওয়ার হ্যামলেটস কেরিয়ার সার্ভিসের সাথে এই ০২০৭ ৩৬৪ ১৪০১ নম্বরে বা ন্যাশনেল কেরিয়ার সার্ভিসের সাথে ০৮০০ ১০০ ৯০০ এই নম্বরে যোগাযোগ করা যাবে।

Daryelka bukanka faaliga ee cusbitalada

Royal London is top for stroke care – see issue 961

BADHITAAN ay sameeyeen culimo caafimaad oo ka soo jeeda Royal Koolaj ayaa lagu ogaadey in cusbitaal Royal London uu fiican yahay London oo dhan daryeelka bukaanka xanuunka faaliga. Cusbitaalku natiijadii baadhitaanka wuxuu helay darajada ah, boqolkiiba boqol.

Waxaanu ka mid noqday sedexda cusbitaal ee ugu saareeya guud ahaan London. Waxaanu ku kasbaday foojignaan.

Warbixinta waxaa lagu sheegay in wada shaqaynta kooxaha kala duwan ee xanuunkani ay heersare tahay.

'নিজের মার্কেটকে ভালোবাসুন' শীর্ষক ক্যাম্পেইন

Love your market – see issue 961

স্থানীয় ব্যবসায়ীদের উদ্বুদ্ধ করার জন্যে লভ ইউর লকেল মার্কেট শীর্ষক পক্ষকালব্যাপি এক প্রচারাভিযান শুরু হয়েছে। এর অংশ হিসাবে বারার মার্কেটগুলোতে নতুন ব্যবসায়িদের ফার্স্ট পীচ স্কীমের মাধ্যমে অথবা মাত্র ১০ পাউন্ডে স্টল বরাদ্দ দেয়া হয়।

এতে অংশ গ্রহনকারি ডেভি রবার্টসন নামে একজন স্টল ট্রেডার বলেন, আমি এই সুযোগ হাতছাড়া করতে চাইনি। সত্বর আমি এই সুযোগ গ্রহন করেছি।

টাওয়ার হ্যামলেটসের মেয়র লুৎফুর রহমান বলেছেন, লন্ডনের অন্যান্য বারার চাইতে অনেক বেশি মার্কেট রয়েছে টাওয়ার হ্যামলেটসে। আমরা স্থানীয় মার্কেটগুলোর ব্যবসার উন্নতির জন্যে প্রচেষ্ঠা চালিয়ে যাচ্ছি।

ডেপুটি মেয়র কাউন্সিলর ওহিদ আহমদ বলেন, বারার মার্কেটগুলোতে নতুন ব্যবসার আগমন দেখে আমি অত্যন্ত আনন্দিত।



বারায় রেকর্ড সংখ্যক লোক ধুমপান পরিত্যাগ করেছেন

স্থানীয় ভিত্তিক ধুমপান নিরোধক সার্ভিসের সহযোগিতায় লন্ডনের অন্যান্য বারার তুলনায় টাওয়ার হ্যামলেটসে রেকর্ড সংখ্যক লোক ধুমপান পরিত্যাগ করেছেন। এনএইচএস লন্ডন এর পরিসংখ্যান অনুযায়ি ২০১২ - ১৩ সালের শীতকালীন মাসগুলোতে এই বারার প্রতি ১০০ হাজারে ১,২৮০ জন ধুমপায়ী সাফল্যের সাথে ধুমপান ছেড়েছেন। বিস্তারিত নীচে -

TOWER HAMLETS IN TOP SPOT FOR QUIT RATES

ঐকতান

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7364 4944

টাওয়ার হ্যামলেটসে রেকর্ড সংখ্যক লোক ধুমপান পরিত্যাগ করেছেন

Tower Hamlets in top spot for quit smoking rates – see page 8

স্থানীয় ভিত্তিক ধুমপান নিরোধক সার্ভিসের সহযোগিতায় লন্ডনের অন্যান্য বারার তুলনায় টাওয়ার হ্যামলেটসে রেকর্ড সংখ্যক লোক ধুমপান পরিত্যাগ করেছেন।

এনএইচএস লন্ডন কর্তৃক প্রকাশিত এক পরিসংখ্যান অনুযায়ি ২০১২ - ১৩ সালের শীতকালীন মাসগুলোতে টাওয়ার হ্যামলেটসে প্রতি ১০০ হাজারে ১,২৮০ জন ধুমপায়ী সাফল্যের সাথে ধুমপান ছেড়েছেন।

স্বাস্থ্য ক্ষেত্রে বৈষম্য দূর করতে এবং স্থানীয় বাসিন্দাদের সুস্বাস্থ্য নিশ্চিত করতে টাওয়ার হ্যামলেটস্ কাউন্সিলের অন্যতম প্রধান অগ্রাধকারগুলোর একটি হচ্ছে ধুমপানের অভ্যাস পরিত্যাগে বাসিন্দাদের প্রয়োজনীয় সহযোগিতা প্রদান করা।

নির্বাহী মেয়র, লুৎফুর রহমান বলেন, টাওয়ার হ্যামলেটসে যেমন ধুমপান পরিত্যাগকারীদের সংখ্যা দিনকে দিন বাড়ছে, তেমনি স্থানীয় স্টপ স্মোকিং সার্ভিসের সহযোগিতা নিতে ধুমপান পরিত্যাগে আগ্রহীদের সংখ্যাও বাড়ছে। বিপুল সংখ্যক স্টপ স্মোকিং পরামর্শক এবং কমিউনিটি ভিত্তিক সহায়তামূলক সেবা কার্যক্রম অব্যাহত থাকায় প্রতি বছর বিপুল সংখ্যক লোক ধুমপান ও তামাক সেবনের বদ অভ্যাস সাফল্যের সাথে ছাড়তে পারছেন।

উল্লেখ্য, লন্ডনের মধ্যে সবচেয়ে বেশি তামাক সেবী ও ধুমপায়ী রয়েছেন টাওয়ার হ্যামলেটসে। প্রায় ২৪.৫ ভাগ, অর্থাৎ ৪৫ হাজার লোক নিয়মিত ধুমপান ও তামাক সেবন করে থাকেন। জনসংখ্যার ২৩ শতাংশ হচ্ছেন সাবেক ধুমপায়ী। লন্ডনে ধুমপায়ীদের গড় হার হচ্ছে ২১ শতাংশ।

টাওয়ার হ্যামলেটস্ কাউন্সিলের কেবিনেট মেম্বার ফর হেলথ এন্ড ওয়েলবিয়িং, কাউন্সিলর আব্দুল আসাদ বলেন, এটা প্রমাণিত হয়েছে যে, যারা লকাল স্টপ স্মোকিং সার্ভিসের ফ্রি সহযাগিতা গ্রহণ করেছেন, তারা অত্যন্ত সাফল্যের সাথে ধুমপান পরিত্যাগ করতে সক্ষম হয়েছেন।

বিশেষায়িত স্টপ স্মোকিং সার্ভিসের সহযাগিতায় ধুমপানের বদ অভ্যাস ছাড়তে সক্ষম হয়েছে কুইন মেরী ইউনিভার্সিটির ইংলিশ টিচার, জেমস টেলর। দীর্ঘ ২৫ বছরে তার দিনে এক প্যাকেট সিগারেট লাগতো। এক সময় তিনি শ্বাস কষ্টে ভুগতে শুরু করলে তৃতীয়বারের মতো স্টপ স্মোকিং সার্ভিসের স্মরণাপন্ন হন।

তিনি বলেন, এর আগে আরো দুই বার আমি বিশেষায়িত স্টপ স্মোকিং সার্ভিসের সহযোগিতায় ধুমপান ছেড়েছিলাম, তাই এবার আমি খুব একটা নিশ্চিত ছিলাম না, এটা আমাকে ধুমপান ছাড়তে সাহায্য করবে। কিন্তু তারা সত্যিই খুব ভালো সাহায্যকারী এবং পুরো প্রক্রিয়ায় আমাকে আবারও পূর্ণোদ্যমে তারা সাহায্য করেছেন।

জেমস তার স্টপ স্মোকিং এডভাইজার বার্নির সাথে প্রতি সপ্তাহে দেখা করেন এবং নিজের ধুমপানের নেশাকে নিয়ন্ত্রণ করতে চ্যাম্পিক্স গ্রহণ করেন।

স্টপ স্মোকিং এডভাইজার বার্নি বলেন, আমি প্রতি সপ্তাহে জেমস এর অগ্রগতি দেখে ভীষণ আনন্দিত হই। যে কোন সময় এপয়েন্টমেন্ট পরিবর্তন করলেও উনি তা মানতে পারতেন সহজেই।

জেমস গত তিন মাস ধরে ধুমপান করছেন না। কিন্তু এখনও নিয়মিতস্টপ স্মোকিং এডভাইজার বার্নির সাথে যোগাযোগ রেখেছেন।

জেমস বলেন, স্টপ স্মোকিং এডভাইজারদের অব্যাহত সাপোর্টের জন্য আমি তাদের কাছে কৃতজ্ঞ। এমন কি আমি যদি তাৎক্ষনিক কোন পরামর্শের জন্য তাদের কাছে যাই, তারা আমার জন্য সময় বের করতে দ্বিধা করেন না।

তিনি আরো বলেন, আমি এখন খুব ভালো বোধ করছি। অনেক এক্টিভ এখন আমি আগের তুলনায়। সাইকেলিং এবং সুইমিং করছি নিয়মিত।

ধুমপান ছাড়তে চাইলে আজই নিকটস্থ ফার্মাসিষ্ট অথবা জিপি'র সাথে যোগাযোগ করতে অনুরোধ করা হয়েছে। বিশেষায়িত স্টপ স্মোকিং সার্ভিস অথবা ওয়ান-টু-ওয়ান কিংবা গ্রুপ সাপোর্ট পেতে চাইলে ০৮০০ ১৬৯১৯৪৩ নাম্বারে যোগাযোগ করতে বলা হয়েছে।

এব্যাপারে সাংস্কৃতিক সংবেদনশীল সার্ভিস বাংলায় কিংবা ইংলিশে পেতে চাইলে মহিলারা ০২০৭ ৮৮২ ৮৬৬৯ নাম্বারে অথবা পুরুষরা ০২০৭ ৮৮২ ৮৬৬০ নাম্বারে যোগাযোগ করতে পারেন।

একাদশতম বার্ষিক নাট্যোৎসবে অংশ নিতে আগ্রহীদের জ্ঞাতার্থে

A Season of Bangla Drama 2013 – see page 5



A scene from last year's festival

একাদশ তম বাংলা নাট্য উৎসবের মঞ্চে নিজেদের প্রতিভা উপস্থাপনের জন্য নতুন নাটক, প্রযোজনা, পাণ্ডুলিপি জমা দিতে প্রতিভাবানদের প্রতি অনুরোধ জানিয়েছে টাওয়ার হ্যামলেটস কাউন্সিল।

আজকের বৃটেনে বাঙালি কমিউনিটির জীবন ধারার সাথে সংগতিপূর্ণ নতুন নাটকের পাশাপাশি জনপ্রিয় পুরনো নাটকগুলো উপস্থাপন করা হবে বাংলা নাট্য উৎসবে।

টাওয়ার হ্যামলেটস্ কাউন্সিলের উদ্যোগে আগামী নভেম্বরে অনুষ্ঠিতব্য নাট্য উৎসবে অংশ নিতে থিয়েটার কোম্পানী অর্থাৎ নাট্য সংগঠনগুলোকে তাদের আগ্রহের কথা জানানোর জন্য আমন্ত্রণ জানানো হয়েছে।

বাছাইকৃত নাটকগুলো মঞ্চায়ন উপযোগী করতে আগষ্ট মাস থেকে ব্রাডি সেন্টার কিংবা কবি নজরুল সেন্টারে তারা মহড়া করার সুযোগ দেয়া হবে।

নির্বাহী মেয়র, লুৎফুর রহমান বলেন, আমাদের সাংস্কৃতিক কার্যক্রমের অন্যতম বার্ষিক নাট্য উৎসবে অংশ নিতে প্রতিভাবান নাট্যকারদের জন্য আবারও সুযোগ এলো নিজেদের প্রতিভাকে তুলে ধরার। অত্যন্ত জনপ্রিয় এই ইভেন্টে অংশ নিতে টাওয়ার হ্যামলেটসের মেধাবী নাট্যকাররা এগিয়ে আসবেন বলে আমরা আশাবাদি।

সংস্কৃতি বিষয়ক কেবিনেট মেম্বার, কাউন্সিলর রানিয়া খান বলেন, বাংলা নাট্য উৎসবে মঞ্চায়িত নাটকগুলো এতটাই মুগ্ধকর ও চিন্তার খোরক জোগায় যে, আমি প্রতি বছর এই ইভেন্ট এর জন্য অপেক্ষা করে থাকি। গত বছর উৎসবে হাস্য কৌতুক, প্রেম ভালোবাসা, জীবন ও সমাজের নানা দিকের তির্যক উপস্থাপনা সব মিলিয়ে বিভিন্ন বিষয়ের উপস্থাপনায় পুরো আয়োজন ছিলো উপভোগ্য।

বাংলা নাট্য উৎসবে অংশ নিতে নিজেদের আগ্রহ জমা দেয়ার শেষ তারিখ ৪ জুলাই। বাছাইকৃত গ্রুপের নাম ঘোষনা করা হবে ১১ জুলাই।

উৎসবে অংশ নিতে আগ্রহীরা কাউন্সিলের আর্টস এন্ড ইভেন্টস্ ওয়েবসাইট **www.towerhamletsarts.org.uk** থেকে আগ্রহ পত্র ডাউন লোড করে, তা পূরণ করে পাঠাতে পারেন।

এ ব্যাপারে আরো তথ্য জানতে হলে ০২০ ৭৩৬৪ ৭৯০৬ নাম্বারে ফোন করে কাজী রোকসানা বেগমের সাথে কথা বলতে পারেন।

ছবিটি গত উৎসব থেকে নেয়া হয়েছে।

News in brief

তিনটি খাবার প্রতিষ্ঠানের জরিমানা করা হয়েছে

স্বাস্থ্য বিধি লঙ্ঘনের কারনে তিনটি খাবার বিক্রি প্রতিষ্ঠানের বিরুদ্ধে আইনি ব্যবস্থা গ্রহন করা হয়েছে। এগুলো হল লন্ডন ই১ এর আর্টিলারি প্যাসেজের ইট এন্ড ড্রিংক চাইনিজ রেস্টুরেন্ট। টাওয়ার হ্যামলেটস এনভায়রনমেন্ট এন্ড হেলথের পরিদর্শনে ইঁদুরের উপদ্রব পরিলক্ষিত হওয়ায় ২০১২ সালে রেস্টুরেন্টটি বন্ধ করে দেয়া হয়।

গত ২৫ শে এপ্রিল থেমস ম্যাজিস্ট্রেট কোর্টে দোষ স্বীকার করা হলে প্রতিষ্ঠাটিকে পেস্ট কন্ট্রোল করতে না পারার জন্যে ৩ হাজার পাউন্ড জরিমানা করা হয়। আরো ৩ হাজার পাউন্ড জরিমানা করা হয় রেস্টুরেন্ট পরিষ্কার-পরিচ্ছন্ন না রাখা এবং ভালভাবে মেরামত না করার জন্যে। এ ছাড়াও মামলার ব্যায় বাবদ আরো এক হাজার পাউন্ড ও ১৫ পাউন্ড ভিকটিম সারচার্জের জন্যে আরো ১৫ পাউন্ড জরিমানা করা হয়।

বো এর গ্রোভ রোডস্থ মদিনা মিনি মার্কেটের কামাল চৌধুরিকে ২,৯১৫ পাউন্ড জরিমানা করা হয়েছে। তার বিরুদ্ধে অভিযোগ ছিল, তিনি ইদুরের উপদ্রব বন্ধ করেননি এবং হাইজিন ইম্পুভমেন্ট নোটিশ পাওয়ার পরও যথাযথ ব্যবস্থা নেননি।

২০১২ সালের ফেব্রুয়ারি ও মার্চ মাসে ১২ টি অভিযোগ আনা হয়। তবে চৌধুরি তার বিরুদ্ধে আনীত অভিযোগ অস্বীকার করেন। থেমস ম্যাজিস্ট্রেট কোর্ট তাকে দোষী সাব্যস্ত করেন এবং প্রতিটি অফেন্সের জন্যে ২০০ পাউন্ড করে জরিমানা করেন। কোর্ট মামলার খরচ বাবদ ৫০০ পাউন্ড এবং ভিকটিম সারচার্জ বাবদ আরো ১৫ পাউন্ড পরিশোধের আদেশ দেয়া হয়েছে।

গত ২৫শে এপ্রিল বেথনালগ্রীনের ক্যাম্ব্রিজহীথ রোডের কার্পেন্টার্স আর্মস পাবের এস্থনি হকিন্সের জরিমানা হয়েছে ৪,৬১৫ পাউন্ড। তাদের বিরুদ্ধে ফুড ও হাইজিন আইন ভঙ্গের অভিযোগ আনা হয়েছিল।

ডেপুটি মেয়র কাউন্সিলর ওহিদ আহমদ বলেছেন,ফুড হাইজিনের মান সমুন্নত রাখার জন্যে কাউন্সিলের এনভায়রণমেন্ট এন্ড হেলথ কর্মকর্তারা কঠোর পরিশ্রম করে যাচ্ছেন। যার আইন ভঙ্গ করবেন তাদেরকে শাস্তি পেতে হবে।

কমিউনিটি সেফটি ওয়াক এবাউটের সাফল্য

গত ২৪ মে কমার্শিয়েল রোডের লাইম হাউস টাউন হলের স্পেস কমিউনিটি হলে কমিউনিটি সেফটি ওয়াকএবাউটের সাফল্য তুলে ধরার জন্যে এক সংবাদ সম্মেলনের আয়োজন করা হয়।

এই সংবাদ সম্মেলনের পূর্বে ডেপুটি মেয়র কাউন্সিলর আহমদ,স্থানীয় ওয়ার্ড কাউন্সিলর এবং পুলিশ এবং হেলথ এনফোর্সমেন্ট, হাউজিং, ইয়ুথ ও আউটরীচ বিভাগের কর্মকর্তারা এক পদযাত্রায় অংশ নেন। তারা সমাজে নিরাপত্তা প্রতিষ্ঠার ব্যাপারে জনগনের অভিমত সংগ্রহ করেন। কাউন্সিল বারার বাসিন্দা ও বারায় কর্মরতদের জন্যে বারায় আসা পর্যটকদের ও নিরাপত্তা বিধানের জন্যে অন্যান্য সহযোগি সংগঠনের সাথে কাজ করে যাচ্ছে।

মেয়র লুৎফুর রহমান বলেন অপরাধ ও অপরাধ সংক্রান্ত ভীতি সঞ্চারকদের দমন করাকে আমি অগ্রাধিকার দিয়েছি। আমরা সহযোগি সংগঠনগুলোর সাথে যৌথ ভাবে কাজ করে বারাকে বারার রাস্তাঘাটকে নিরাপদ করার প্রচেষ্ঠা চালিয়ে যাচ্ছি।

ডেপুটি মেয়র কাউন্সিলর ওহিদ আহমদ বলেন, বারার বিভিন্ন ওয়ার্ডে ওয়ার্ডে গিয়ে আমরা খোঁজ নিয়ে দেখেছি কোথায় কি ঘটছে এবং এর বিরুদ্ধে কি ব্যবস্থা নেয়া প্রয়োজন। আমি আমাদের সহযোগি সংগঠনগুলো এবং কাউন্সিল অফিসারদের এই সাফল্যের জন্যে ধন্যবাদ জানাচ্ছি।

ইয়ূথ সার্ভিস গেমস এর ফাইনাল ১৫ আগষ্ট

চলতি বছরের ইয়ূথ সার্ভিস গেমস্ (YSG2013) এর বাছাই পর্ব শুরু হয়েছে ২৭ মে থেকে। ফুটবল, টেবল টেনিস, বাস্কেটবল, ব্যাডমিন্টন, রাউন্ডারস্ এবং বিএমএকস ট্র্যাকে বিপুল সংখ্যক ছেলে মেয়ে অংশ নেয়।

আগামী ১৫ আগষ্ট ফাইনাল অনুষ্ঠিত হবে, যেখানে গোটা বারার শিশু - কিশোর বয়সীরা মেডেলের জন্য প্রতিদ্বন্দ্বিতা করবে। প্রতিযোগিতায় যে টীম সবচেয়ে বেশি মেডেল পাবে তারা ওয়াই.এস.জি ২০১৩ মেডেল চ্যাম্পিয়ন হওয়ার গৌরব অর্জন করবে।

টাওয়ার হ্যামলেটস্ ছিলো অলিম্পিক গেমস্ এর আয়োজক বারাগুলোর একটি। তাই এই গেমস এর দীর্ঘমেয়াদি সুফল যাতে বারার বাসিন্দারা লাভ করতে পারে, তা নিশ্চিত করার ব্যাপারে কাউন্সিল নিবেদিতভাবে কাজ করে যাচ্ছে।

অলিম্পিক গেমস চলাকালে ইয়ূথ সাইট ২০১২ কর্মসূচির আওতায় ১৮০০ কিশোর তরুণ বয়সী তাদের লকাল ইয়ূথ ক্লাবগুলোতে ফ্রি আর্টস্, কালচার ও স্পোর্টিং কার্যক্রমে অংশ নেয়। ২০১২ সালের ৩০ আগষ্ট মহিলাদের বাস্কেটবল, ফেন্সিং, জুডো, রোয়িং এবং সেলিং এ সেরা এ্যাথলেটেরা গোল্ড, সিলভার ও ব্রোঞ্জ পদক লাভ করে।

২০১৩ গেমসে শতআধক ছেলে মেয়ে অংশগ্রহন করবে বলে আশা করা হচ্ছে।

নির্বাহী মেয়র লুৎফুর রহমান বলেন, অলিম্পিক গেমস্ এর সুফলের ধারা অব্যাহত রয়েছে এবং আমাদের সকল বয়সী বাসিন্দাদের জন্য নতুন নতুন সুযোগ প্রদান করা হচ্ছে। আমি প্রতিযোগিতায় বিজয়ীদের সাথে সাক্ষাত করতে আগ্রহ নিয়ে অপেক্ষা করছি।

সংস্কৃতি বিষয়ক কেবিনেট মেম্বার, কাউন্সিলর রানিয়া খান বলেন, টাওয়ার হ্যামলেটস্ এ অলিম্পিক গেমস এর প্রভাব প্রজন্মের পর প্রজন্মকে খেলাধূলায় সম্পৃক্ত থাকতে অনুপ্রাণিত করে যাবে।

কাউন্সিলের স্পোর্টস্ ডেভেলপমেন্ট টীমের সাথে পার্টনারশীপের ভিত্তিতে ইনটেগ্রেটেড ইয়ূথ এন্ড কমিউনিটি সার্ভিসেস এই প্রতিযোগিতার আয়োজন করছে আরো জানার জন্যে এই ওয়েবসাইট দেখুন **www.amp.uk.net/youthservicegames**

■ **The above stories are: Food firms fined for pest problem – issue 961; community safety walkabout success – page 14 & 15; Youth Service Games 2013 – issue 961.**

Walkabouts tackle

A series of ward walkabouts to find out about issues concerning residents over the past seven months have come to an end. **Shalina Hussain** reports on some of the action that has been taken as a result.

RESIDENTS have welcomed a raft of measures and actions put in place by the council, police and other agencies to make neighbourhoods safer across Tower Hamlets.

The measures have come about in response to the community safety ward walkabouts which started off in Bromley-by-Bow last October and finished on May 24 at Limehouse.

The walkabouts, led by Deputy Mayor Cllr Ohid Ahmed, were launched as part of a series of walks to find out how each ward differed, the specific issues affecting residents and steps required to reduce anti-social behaviour and crime.

The interactive approach has led to professionals including police, housing, drug outreach and youth workers visiting each ward with councillors,and talking to residents to find out about their top concerns.

In most cases residents have asked for changes to be introduced such as better lighting in secluded alleys, more CCTV to deter potential criminals and regular patrols by Tower Hamlets enforcement officers (THEOs) to reassure residents.

Mayor Lutfur Rahman said: "We've been extremely active in tackling crime by investing in extra police officers and THEOs, which are all helping residents to feel safer in the borough.

"However we can always do more and I am pleased we have achieved some excellent results as a direct result of the community safety ward walkabouts.

"I would like to thank the police and all agencies involved in this project who have worked hard to implement the changes needed to make the borough a safer place to live, visit and work."

Cllr Ahmed added: "The reason I wanted to do the interactive walks was so I could see first hand what the issues are and ask residents how they want to tackle them.

"I am thrilled with the success of the walks and would like to thank all those who came out, especially when the weather was very cold!"

The council will continue to work to get a more detailed insight into how, with its partners, it can work with residents to increase community safety.



Mile End East

Increased police patrols at Mile End station and Mile End Park, including improved lighting at Copperfield Road to deter drug dealing and issues with robber

(Above) Cllr Kabir Ahmed with borough police commander Dave Stringer at the start of a walkabout in Mile End East



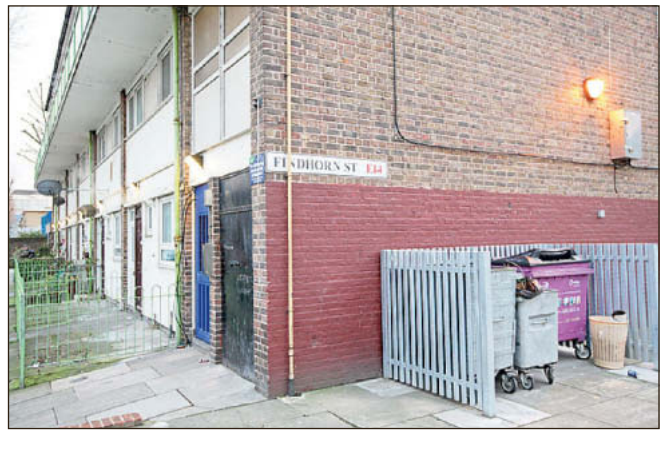
East India & Lansbury

To combat retail crime, a radio scheme has been introduced by the police for all stall holders and shops in Chrisp Street market, to use to alert officers directly of any shoplifting in real time.

Lighting will also be improved in Spey Street and CCTV installed in Jura House to discourage drug dealers from the area.

(Left) Lighting will be improved in Spey Street in East India & Lansbury ward. (Below left) Speed camera at Abbott Road underpass. (Below right) Findhorn Street







Limehouse, Bet North

Limehouse, Bethn and Weavers wards visited and the partne working through resid a

(Above) Cllrs C David Ed walkabout (Right) Cllr Ohi THEOs



ies

Spitalfields & Banglatown

THEOs have reported 108 people urinating in public. The council has imposed new licence conditions for The Big Chill in Drays Walk following incidents of drug dealing and theft, and revoked the licence for 93 Feet East after a police operation

Bethnal Green South

A dispersal zone has been introduced to address anti-social behaviour and CCTV cameras will be installed in Mantus Road and Malcolm Road. Tower Hamlets Community Housing has worked with the police and council to remove squatters and drug users from the proposed new housing site.

Blackwall & Cubitt Town

THEOs are carrying regular patrols of Millwall Park following reports of anti-social behaviour.

St Dunstan's & Stepney Green

The Safer Neighbourhoods Team (SNT) have been conducting regular drugs sweeps with sniffer dogs to combat drug dealing in Stepney Park.

Shadwell

Residents were concerned about the car park in Watney Market which will undergo a deep clean and security issues will be addressed. The drug and alcohol outreach team will undertake joint shifts twice a week with Tower Hamlets' street outreach team to signpost rough sleepers and clients with substance misuse issues to appropriate treatment services.

Millwall

Ferguson Close is now included in regular patrols by THEOs. The SNT have also conducted more than ten drugs warrants in the ward as a result of partnership work and intelligence gathering by residents.

Bow East

Joint patrols will take place between THEOs, SNT and rapid response team after reports of youths congregating in Grove Hall Park and reports of drug dealing from cars.

Mile End & Globe Town

The canal towpath will be developed to deter anti-social behaviour and robberies and THEOs will patrol Ocean Estate, Raynham House and Harpley Square.

Whitechapel

Patrols will be increased in the area to reduce anti-social behaviour and temporary CCTV has been installed in O'Leary Square.

Bow West

Several canal crime prevention operations have taken place including Canal Watch in Haverfield Road. All defective lights in Tredegar Square have been inspected and repaired. Drug outreach workers will also target drinkers and regular patrols will be conducted. SNT patrols continue and will target this area over the next several months.

St Katharine's & Wapping

An illegal shisha lounge has been issued an enforcement notice which has resulted in its closure.



Deputy Mayor Cllr Ohid Ahmed and cabinet member Cllr Shafiqul Haque ready to go on patrol in Wapping

residents' worries



thnal Green & Weavers

al Green North have also been rs are currently dents responses and comments.



raig Aston and dgar joined the in Limehouse. id Ahmed with s in Limehouse

Bromley-by-Bow

Action has been taken to tackle drugs on the estates. To deter drug dealers in the area, officers carry out regular and high visible patrols on foot and cycle. Also improved security is helping to reduce burglaries in the area.



A THEO chats to a shop keeper in Bromley-by-Bow

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at

WWW.TOWERHAMLETS.GOV.UK



Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.towerhamlets. gov.uk/data/your-council/data/forward-plan/forward-plan.cfm

Meetings

Tuesday, June 4

7pm: Licensing committee
Business includes an application to increase the licence fee for the London Tattoo Convention in September.
For details call 7364 4120 or email simmi.yesmin@towerhamlets.gov.uk

7.30pm: Overview & scrutiny committee
The meeting will appoint lead members and consider a report on accountability of registered housing providers.
For details, call 7364 4333 or email angus.taylor@towerhamlets.gov.uk

Wednesday, June 5

5.30pm: Cabinet
Business includes reports on determination of school admission arrangements for 2014/15 and adult autism services.
For details, call 7364 4651 or email matthew.mannion@towerhamlets.gov.uk

Tuesday, June 11

6.30pm: Licensing sub-committee
For details, call Simmi Yesmin (see left).

6.30pm: Health scrutiny panel
For details, call 7364 0842 or email alan.ingram@towerhamlets.gov.uk

Wednesday, June 12

6.30pm: King George's Field Charity Board
For details, call 7364 4207 or email evelyn.akoto@towerhamlets.gov.uk

Thursday, June 13

6.30pm: Pensions committee
For details, call 7364 4881 or email antonella.burgio@towerhamlets.gov.uk

7pm: Strategic development committee
For details, call 7364 4877 or email zoe.folley@towerhamlets.gov.uk

Details are accurate at time of going to press.
Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except Cabinet.

Tower Hamlets online

www.towerhamlets.gov.uk
For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections

From the cradle to the grave

TOWER Hamlets Register Office is the central point of contact to register births, marriages, civil partnerships, deaths, funerals and cremations.

From Monday, June 3, there will be a new system for residents to access the services.

If there is a birth in your family, you must submit the details to the office at Bromley Public Hall, Bow Road, E3 where staff also handle birth certificate amendments, baby naming ceremonies and historical searches.

Run by the council, it can also help organise marriages and civil partnerships, renew



wedding vows and advise on legal requirements.

Staff also offer support in dealing with the practical and emotional issues of death and bereavement.

The Register Office will now offer appointments and a walk-in service, to reduce waiting times and improve service.

The new opening hours are, Monday to Friday:

- Walk-in service from 9.30-11.30am.
- Appointments from 2-430pm.

An appointment is not necessary to register a death, but if you prefer an appointment, call 7364 7880 for further details.

The Register Office is closed from 12.30-1.30pm on Monday, Tuesday, Thursday & Friday, and from 11.30am-2pm on Wednesday.

If you have any queries, email **register.office@towerhamlets.gov.uk** or call 7364 7880.

Planning

E1

219 Whitechapel Road – application for retention of extract flue.

The Vibe Bar, 91-95 Brick Lane – variation of condition of planning permission ref. PA/01/01205, dated 12.2.02 for external courtyard to be used until 1am.

34 Alie Street – conversion of grade II listed five-storey terraced house into four-storey maisonette and self-contained 1-bed basement flat (with associated application for listed building consent ref. PA/13/00911). Internal alterations comprising erection of new stud wall and door to staircase at ground floor level and installation of kitchen at basement level in association with above conversion (with associated application for planning permission ref. PA/13/00910).

Ground Floor, 167 Cannon Street Road – change of use from shops to non-residential institutions.

E2

103 Finnis Street – application for lawful development certificate for conversion of garage into habitable room.

31-39 Redchurch Street – non-material amendments to planning permission ref PA/12/00224, dated 9.5.12 to reduce the amount of basement excavation, and introduction of mezzanine level together with minor alterations to wording of condition.

E3

Flat 21, Stavers House, Tredegar Road – application for lawful development certificate in respect of replacement of front door and relocation of gas meter to exterior.

E14

14-16 Charnwood Gardens, 26-28 Charnwood Gardens & 7-9 Severnake Close – replace existing timber, single glazed windows with UPVC, double-glazed windows to front elevations. Planning permission for replacement of rear and side elevations windows for these properties was granted under application PA/12/02125.

This is not a definitive list of all current planning applications.
For more details go to the council's website at www.towerhamlets.gov.uk and click on Planning & Building.

Drug treatment providers

Community Drug Team
Substitute prescribing, key working, health screening & referral to residential treatment.
71 Johnson Street, E1.
7790 1344
www.lifeline.org.uk

Nafas
Support with a focus on Bangladeshi community.
The Davenant Centre, 179-181 Whitechapel Road, E1
7377 0676.

Harbour Recovery Centre
In-patient detox for 18+ males.
Riverside House, 4th Floor, 20 Garford Street, E14.
7538 9421

Young People's Service
Treatment for under-19s
Unit 26, Skyline Village, Limeharbour, E14.
3069 7878
www.lifeline.org.uk

Isis
For women aged over 18
c/o Hopetown Hostel, 60 Old Montague Street, E1.
7426 0399
www.compass-uk.org

Community Alcohol Team
Unit 22, Skylines Village Limeharbour, E14.
0800 008 7200
www.rapt.org.uk

Somali Substance Misuse
Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi.
Mind in Tower Hamlets & Newham, Open House
13 Whitethorn Street, E3.
7510 1081

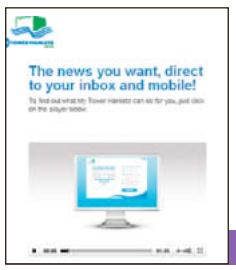












Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK



Look familiar?

Last week's picture was of a memorial at Trinity Square Gardens.

Council information

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance – 7364 5007
Environmental health, trading standards & licensing – 7364 5008
Planning & development – 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes – 7364 5015
Healthline – 7364 5016

Report it!

To report an incident, use these 24-hour freephone numbers:
Non-emergency crimes – 101
Textphone – 18001 101
Hate crimes – 0800 138 0521

General enquiries

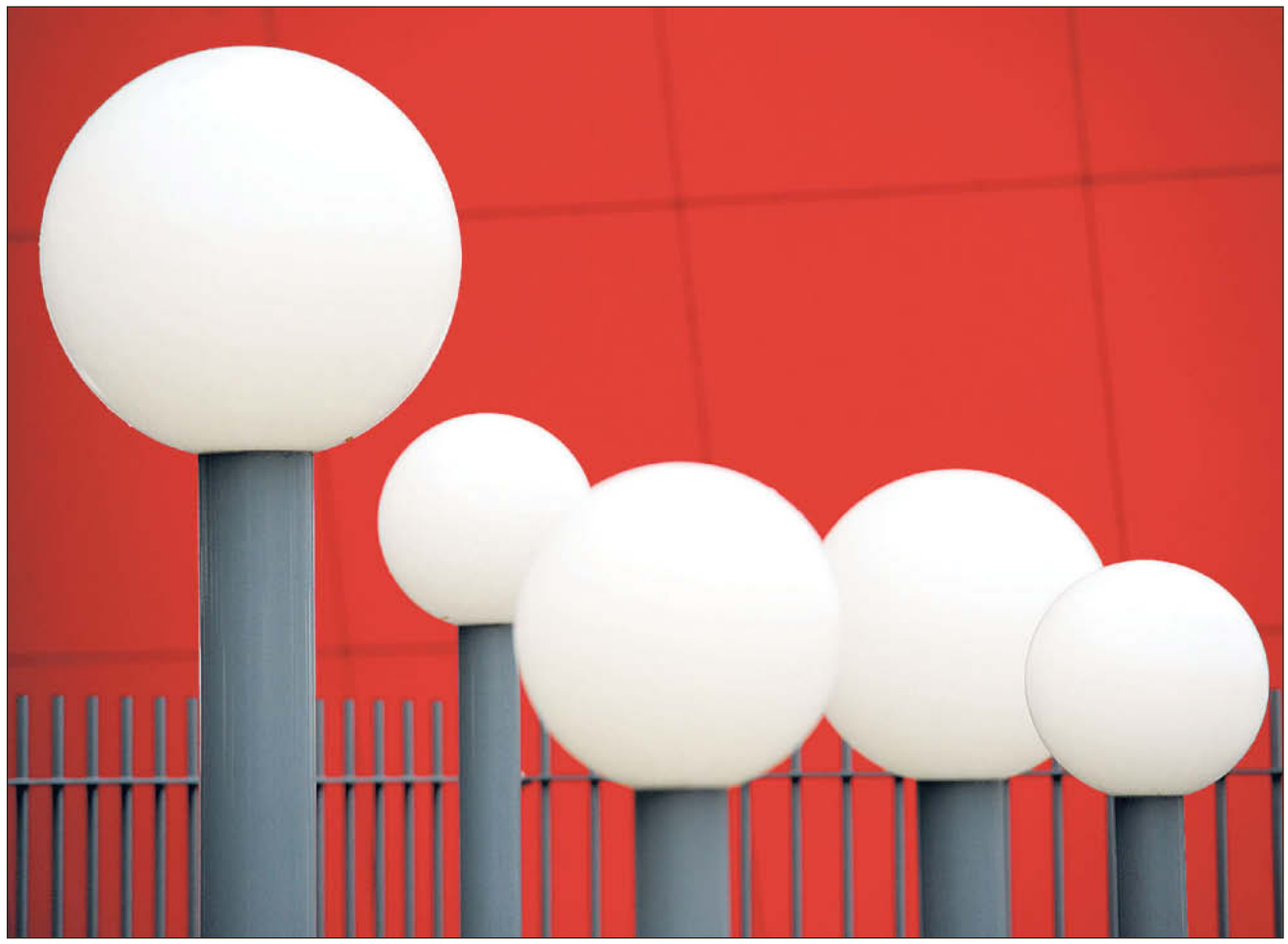
For other council enquiries call 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice (E14) – 7364 7507
Housing advice (E1, E2 or E3) – 7364 3558
Homeless service – 7364 7474
Choice-based lettings – 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you need to contact, call the switchboard on 7364 5000.



Do you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. And if you have photos of your own you want to submit, please feel free. Email eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG.

Town Hall

Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG.
7364 5000

Other useful information

Safer Neighbourhood teams (SNTs)

SNTs operate in every ward in Tower Hamlets, providing dedicated community policing that works to priorities set by the public through Local Area Partnerships (LAPs).

To find out more about SNTs, contact your local team:

Bethnal Green North 8721 2851
Bethnal Green South 8721 2849
Blackwall & Cubitt Town 8721 2877
Bow East 8721 2807
Bow West 8649 3521
Bromley by Bow 8721 2041
East India & Lansbury 8721 2806
Limehouse 8721 2852
Mile End & Globe Town 8721 2853
Mile End East 8721 2848
Millwall 8721 2850
Shadwell 8649 3524
Spitalfields & Banglatown 8721 2042
St Dunstan's & Stepney Green 8721 2808
St Katharine's & Wapping 8721 2854
Weavers 8721 2043
Whitechapel 8649 3520

If a crime is in progress, there is an emergency or if anyone is in immediate danger please dial 999.

24-hour domestic violence national helpline
0808 2000 247

Trading standards
Consumer Direct: 08454 040506

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict
Free service for council tenants and leaseholders. 7702 8305

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Chrisp Street, E14
Stepney& Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

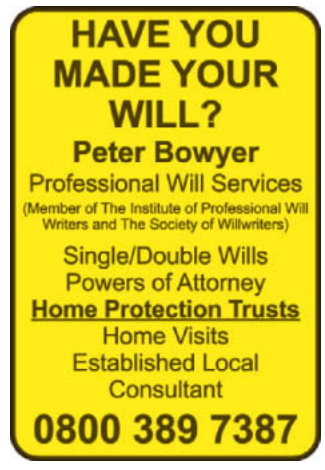
Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Temporarily closed during building works, until June. 7364 1290; email localhistory@towerhamlets.gov.uk











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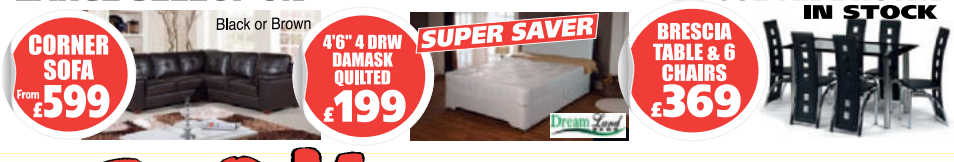






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020 7247 1581
Unit 67/68 Vallance Road, Whitechapel, London E1 5BW

HARLOW
01279 422212
Unit C, St James Centre, East Road, Harlow CM20 2SX (Behind the Range)

OPEN 7 DAY A WEEK
EASY PARKING

rainbow house
CHILDREN'S CENTRE

OPEN DAY 2013

THURSDAY 6th OF JUNE 2013

11am to 6pm

New to September 2013...

Full time Preschool sessions - 08:30am to 3pm

- Part time (am/pm) Preschool sessions *for 3 – 5 year Olds*
- Sunday Arabic Club for 4-7 year olds
- Evening Arabic Club for 5-7 year olds

Face painting, *Henna*, Arts and Crafts, *dressing up and role play*, Stalls, *Exhibition*, Admissions for services



GROUND FLOOR HALL, LONDON MUSLIM CENTRE
46 WHITECHAPEL ROAD, LONDON E1 1JX
FOR MORE INFORMATION OR TO BOOK A STALL
PLEASE CONTACT 0207 650 3055
Email: info@rainbow-house.org.uk
www.rainbow-house.org.uk

THE GRAND BAZAAR

Stepney Community Trust ran an innovative pilot project to help Bangladeshi women, who experience barriers to economic participation, to consider using their traditional skills to start a business. This grand bazaar provides an opportunity to celebrate their achievements and make their goods and services available to the public.

TRADITIONAL SKILLS & ENTREPRENEURIAL WOMEN

DATE & TIME: WEDNESDAY 12th JUNE 2013
12pm to 4.30pm

VENUE: BRADY ARTS CENTRE,
192-196 Hanbury Street, London E1 5HU

FOOD & DRINK, HENNA PAINTING, CANVASES, ABAYAS, UNSTICTHED FABRIC, SOFT FURNISHING, JEWELLERY, CHILDRENS ACTIVITIES AND MUCH MORE!

PLEASE COME AND SUPPORT THE LOCAL BUDDING ENTREPRENEURS!

SPREAD THE WORD & SEE YOU THERE!

For more information please contact 020 7377 5482 07943 234 080 or email fully@stepney.org.uk

STEPNEY COMMUNITY TRUST ESTABLISHED 1982

AWARDS FOR ALL

LOTTERY FUNDED



Green-fingered fun

Open Garden Squares Weekend is an annual two-day event, where community gardens and private squares throughout London welcome visitors through their gates.

WWW.OPENSQUARES.ORG

Coming up roses

The HTA's Plant of the Month campaign highlights the plants which look especially good each month.

WWW.THE-HTA.ORG.UK/PLANTOFTHEMONTH2013

Property

Oaklands joins Open Squares

BY JESSICA ODUBAYO

A ROOF garden and edible classroom created by pupils at Oaklands School in Bethnal Green is set to open to the public this weekend.

The school is one of a number of venues in the borough opening their gates as part of Open Garden Squares Weekend.

Year 7 students have been busy creating the garden at Oaklands as part of a food growing project.

Involved at every stage, they went on field trips, learnt about garden design, propagated seeds and set up compost facilities and signage.

Julia Minnear of the Women's Environmental Network, Catherine Tidnam from Zander Court community garden club next door to the school, and corporate volunteers from health organisation BUPA supported the scheme.

Oaklands assistant head teacher Janis Fuller said the project helped students develop their understanding of the natural world and their environment.



Oaklands garden designers hard at work

Neshath, one of the students who helped to design the garden, said: "Working on this project was really fantastic and I learnt lots. I don't have a garden so it was great to finally work on one at school.

"A garden is like home, a place you can observe things grow. I love the fact my artwork will be seen by visitors – it makes me really proud."

The garden will be open on Sunday, June 9 from 12-4pm when visitors can turn up at the school in Mansford Street.

Homemade cakes, hot drinks, jams, preserves and plants will be on sale and a master gardener will be on hand to offer advice on balcony and small space gardens on the day.

The neighbouring Zander Court community garden and St Peter's churchyard, both in St Peter's Close, will also be open on Sunday.

Other gardens open during the weekend are: Arnold Circus, E2; Cable Street Community Gardens, E1; Cranbrook Community Food Garden, E2; Spitalfields City Farm, E1; Tower Hamlets Cemetery Park, E3; and Zander Court Club House, E2.

Visit **www.opensquares.org** for further information.



New rental scheme

TENANTS who rent accommodation at East Village – formerly the athletes' village in the Olympic Park, will be part of a new scheme which promises no fees and no middlemen.

Get Living London, the residential owner and rental management company at East Village, will provide tenants with a direct relationship to a landlord who both owns and manages their home. It will also offer certainty of occupation and costs – people can choose between one-, two- or three-year tenancies with residents-only break clauses and benefits for those committing to longer agreements.

East Village is a joint venture of partners Delancey and Qatari Diar Real Estate Development Company. It will offer a choice of new one-bedroom apartments to four-bedroom townhouses, all of which offer open-plan layouts, large balconies and winter gardens. Chief executive Derek Gorman of Get Living London, part of Qatari Diar, said the company offered a new type of rental service with no agents or 'middlemen', no fees, direct access to an experienced team and the convenience and flexibility of a range of tenancies.

"Get Living London will give people the opportunity to rent an outstanding new home at East Village, one of the capital's best connected areas and London's newest neighbourhood," he added.

To register interest go to **www.getlivinglondon.com**



A rose for every garden situation

Plant of the Month from the Horticultural Trades Association

THERE is a rose for every garden situation, even indoors. From hybrid teas to miniatures, climbers to floribundas, the choice is endless which is why it has been chosen as Plant of the Month for June.

Roses have seen a revival over the past decade with breeders creating varieties that are easier to care for and more disease resistant. This month is an ideal time to plant new roses and they should carry on flowering until the first frosts of winter with minimum care. There is a wide selection of bush, climbing, patio and shrub roses to choose.



© Bransford Webbs

Roses are easy to grow and thrive in most soil types providing there is good drainage, preferring a position that is sunny and not too exposed. They need regular feeding as this will maintain their vigour and improve their resistance against pest and disease. Pruning is also important to remove dead heads and improve flowering over a longer period, and is necessary to keep the plants in shape during the winter.

The best-selling range of garden rose varieties are the compact patio types which are sold pot grown in bud and colour during late spring and summer.

More information can be found on **www.rosesuk.com**



tower hamlets homeseekers

31/05/13 - 06/06/13
Closing date for Internet and Telephone bids: 06/06/13

Find out about local schools, council services, transport links, and businesses at: **www.upmystreet.com**

You can bid for these homes only if you have an active application on the Tower Hamlets Housing List. Please do not visit any of them as it may cause a nuisance to neighbours.

We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

টাওয়ার হ্যামলেটস হাউজিং তালিকায় আপনার একটি সক্রিয় আবেদন থাকলেই কেবল এসব বাসাগুলোর জন্যে আপনি নিলাম ডাকার অনুমতি পাবেন। অনুগ্রহ করে এই বাসাগুলোর কোনটিই দেখতে যাবেন না কারণ এরফলে প্রতিবেশীরা বিরক্ত হতে পারেন।

যাদেরকে আমরা বাসা দেয়ার প্রস্তাব করি কেবল সেসব লোকেদেরকেই আমরা যোগাযোগ করে থাকি। ভাড়ার নীতিমালার (লেটিং পলিসি) উপর ভিত্তি করে অগ্রাধিকারের ভিত্তিতে বাসা দেয়ার প্রস্তাব করা হয়। 020 7364 2826 নম্বরে অথবা ওয়েবসাইটে এই নীতিমালার কপি পাওয়া যাবে।

Waxaad dooran kartaa guryahan kaliya haddii aad leedahay codsi wali shaqayna oo ku jira liistada guryaha ee Tower Hamlets. Fadlan adigoo raali ah midna ha soo booqan guryahan, waxa laga yaabaa inay buuq ku keenaan jaararka.

Waxaan kaliya oo aan la xidhiidhnaa dadka aanu guryo ugu deeqayno. Guryo bixintu waxa lagu gaadhaa habka mudnaanta loo kala leeyahay ee ku salaysan nidaamka guryo kiraynta. Nuqul ka mid ah nidaamkan waxaad nagaga heli kartaa adigoo la soo xidhiidha telefanka 020 7364 2826 ama cinwaanka internetka

若你仍然登記在塔橋區政府現時生效的房屋名單上，你才可以競投這些房屋。請切勿到任何這些房屋造訪，因爲這可能對鄰居造成滋擾。

我們只能聯絡那些我們可以提供房屋的人士。我們根據租屋政策按優先次序提供房屋。欲索取這份政策，請致電我們，號碼 020 7364 2826，或瀏覽網站。

Nếu đơn thỉnh cầu của bạn trong danh sách xin cấp nhà của Tower Hamlets mà có kết quả, bạn có thể lựa chọn những căn nhà này. Xin đừng tới tham quan bất cứ căn nhà nào vì có thể gây nên những phiền toái cho hàng xóm.

Chúng tôi chỉ có thể liên lạc với những người chúng tôi cấp nhà. Quyết định cấp nhà theo thứ tự ưu tiên dựa trên chính sách cho thuê nhà. Nếu bạn cần bản sao chính sách này, bạn có thể gọi số 020 7364 2826 hoặc vào trang web.

آپ اِن گھروں کے لئے صرف اُسی صورت میں بولی دے سکتے ہیں اگر ''ٹاور ہیملٹس ہاؤسنگ لسٹ'' میں آپ کی درخواست واجب اور زیرِغور ہے۔ براہِ کرم اِن میں سے کسی گھر کو دیکھنے کے لئے مت جایئے، کیونکہ یہ ہمسایوں کے لئے پریشانی کا باعث ہو سکتا ہے۔

ہم صرف اُن لوگوں سے رابطہ کر سکتے ہیں جن کو ہم گھر کی پیشکش کرتے ہیں۔ یہ پیشکش کرایہ داری کی پالیسی کی بنیاد پر ترجیحی لحاظ سے کی جاتی ہے۔ پالیسی کی کاپی ہم سے اس نمبر پر رابطے کے ذریعے دستیاب ہو سکتی ہے 020 7364 2826 یا آپ اسے ویب سائٹ پر ملاحظہ کر سکتے ہیں۔

website: www.towerhamlets.gov.uk

Support Charges apply to **all Sheltered homes for the Over 60's**. This will be covered by Supporting People Subsidy **if you are entitled to Housing Benefit or other benefits**. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet '**Support Charges in long term Supporting People Services**'. This is also available on our website www.towerhamlets.gov.uk.

Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	*Description*
A Wheelchair Accessible	*Purpose built to meet most recent wheelchair housing standards*
B Partially Wheelchair Accessible	*Designed to older wheelchair housing standards*
C Life time Homes	*Specifically designed to create an accessible and adaptable home*
D Easy Access	*Designed to be spacious with no steps to the property*
E Step-free	*General housing with no steps to the property*
F General Housing	*Does not meet requirements for other categories*
G Not assessed	*Property not yet had access survey*

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on **020 7364 0204 / 0206 / 0209**.

1. Internet Bidding
Just log on to www.thhs.org.uk

2. Telephone Bidding
Simply call 0845 270 2400

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit Transfer Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to **3** bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and
6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk



SHELTERED
Accessible Category B
SHAFTESBURY LODGE, UPPER NORTH STREET, E14
Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted

Eligibility : Min Client Age 60

£165.70, Weekly - Social Rent
Landlord: Sanctuary HA

Property Ref: 27127



SHELTERED
Accessible Category B
SHAFTESBURY LODGE, UPPER NORTH STREET, E14
Flat • 1 Bed 2 Person • 4th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted

Eligibility : Min Client Age 60

£165.70, Weekly - Social Rent
Landlord: Sanctuary HA

Property Ref: 27128



SHELTERED
Accessible Category E
VIC JOHNSON HOUSE, ARMAGH ROAD, E3
Flat • 1 Bed 2 Person • Ground Floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric storage heater • Shared garden • Pets not permitted

Eligibility : Min Client Age 60

£160.72, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 27126



1 BEDROOM
Accessible Category G
BLOOMFIELD HOUSE, OLD MONTAGUE STREET, E1
Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£107.03, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27097



1 BEDROOM
Accessible Category C
LASCAR WHARF BUILDING, PARNHAM STREET, E14
Flat • 1 Bed 2 Person • 3rd floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted

£120.73, Weekly - Social Rent
Landlord: Newlon HA

Property Ref: 27102

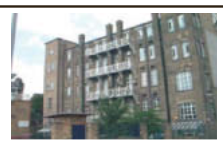


1 BEDROOM
Accessible Category D
MILLHARBOUR, E14

Flat • 1 Bed 1 Person • 9th floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted
FIXED TERM TENANCY for those not already holding a Secure or an Assured social housing tenancy

£151.74, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 27094



1 BEDROOM
Accessible Category F
FARTHING FIELDS, E1W

Flat • 1 Bed 2 Person • 2nd floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£98.97, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27103



1 BEDROOM
Accessible Category F
PEPYS HOUSE, KIRKWALL PLACE, E2

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

PREFERENCE TO HOUSING MOVES APPLICANTS

£103.40, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27109



1 BEDROOM
Accessible Category F
MCKINNONWOOD HOUSE, TURIN STREET, E2
Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£104.02, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27118



1 BEDROOM
Accessible Category D
PAGET HOUSE, BISHOPS WAY, E2

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Pets permitted • Ramp to front door . Has a ceiling track hoist

£107.19, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27100



1 BEDROOM
Accessible Category F
HEYLYN SQUARE, E3

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£104.01, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27096



2 BEDROOMS
Accessible Category F
REDMILL HOUSE, HEADLAM STREET, E1
Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted . Over bath shower

£133.47, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27105



2 BEDROOMS
Accessible Category F
BETTS HOUSE, BETTS STREET, E1

Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£124.50, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 27093



2 BEDROOMS
Accessible Category F
BREDEL HOUSE, ST PAULS WAY, E14

Flat • 2 Bed 3 Person • Ground Floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£133.20, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 27104



2 BEDROOMS
Accessible Category G
PLESSEY BUILDING, DOD STREET, E14
Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted

PREFERENCE TO HOUSING MOVES APPLICANTS

£155.18, Weekly - Social Rent
Landlord: Spitalfields HA

Property Ref: 27110



2 BEDROOMS
Accessible Category F
WEST CENTRAL APARTMENTS, STATION APPROACH, HOE STREET,
Flat • 2 Bed 4 Person • 2nd floor • New build • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted
PROPERTY IN LB WALTHAM FOREST

£126.77, Weekly - Social Rent
Landlord: Islington & Shoreditch HA

Property Ref: 27117



2 BEDROOMS
Accessible Category F
GORDON HOUSE, GLAMIS ROAD, E1W

Maisonette • 2 Bed 4 Person • 13th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£137.31, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 27092



2 BEDROOMS
Accessible Category F
BROCKWEIR, CYPRUS STREET, E2

Flat • 2 Bed 4 Person • 7th floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • No garden • Pets not permitted

£116.04, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 27101



2 BEDROOMS
Accessible Category G
LYSANDER HOUSE, TEMPLE STREET, E2
Maisonette • 2 Bed 4 Person • 4th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets not permitted

£139.95, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 27111



2 BEDROOMS
Accessible Category F
BLYTHENDALE HOUSE, MANSFORD STREET, E2
Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • Two lifts • Bathroom with W/C • GCH • No garden • Pets permitted

£117.62, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27125



2 BEDROOMS
Accessible Category F
DUNDAS HOUSE, BISHOPS WAY, E2

Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Wet room (walk in shower) • GCH • Private garden • Pets permitted

£122.17, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27095



2 BEDROOMS
Accessible Category E
CALCRAFT HOUSE, BONNER ROAD, E2
Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£122.01, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27099



2 BEDROOMS
Accessible Category F
WAGER STREET, E3

Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets permitted

£130.32, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 27121



2 BEDROOMS
Accessible Category F
PORTIA WAY, E3

Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets permitted

£130.32, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 27122



2 BEDROOMS
Accessible Category F
BERKELEY HOUSE, WELLINGTON WAY, E3
Flat • 2 Bed 4 Person • 13th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Pets permitted
CHILDREN MUST BE 10 YEARS AND OVER

£137.14, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 27114

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk



2 BEDROOMS
Accessible Category F
BERKELEY HOUSE, WELLINGTON WAY, E3
Flat • 2 Bed 4 Person • 16th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Pets permitted
CHILDREN MUST BE 10 YEARS AND OVER

£137.14, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 27119



2 BEDROOMS
Accessible Category F
GRAFTON HOUSE, WELLINGTON WAY, E3
Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Pets permitted
CHILDREN MUST BE 10 YEARS AND OVER

£137.14, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 27112



2 BEDROOMS
Accessible Category F
GRAFTON HOUSE, WELLINGTON WAY, E3
Flat • 2 Bed 4 Person • 18th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Pets permitted
CHILDREN MUST BE 10 YEARS AND OVER

£137.14, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 27113



3 BEDROOMS
Accessible Category F
NEWCOURT HOUSE, POTT STREET, E2
Flat • 3 Bed 6 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£126.36, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27107



3 BEDROOMS
Accessible Category F
BLYTHENDALE HOUSE, MANSFORD STREET, E2
Maisonette • 3 Bed 5 Person • 3rd floor • Separate kitchen • Two lifts • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£135.69, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27108



3 BEDROOMS
Accessible Category F
TIDEY STREET, E3

Maisonette • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • Private garden • Pets permitted

£146.86, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 27120

Reminder

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life.

Please note the rent level and length of tenancy offered on the following homes. You are advised to check the Homeseekers website at www.thhs.org.uk for further information.



Accessible Category F
TARTAN HOUSE, DEE STREET, E14

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£161.54, Weekly - Affordable Rent
Landlord: Poplar HARCA

Property Ref: 27098



Accessible Category F
THOMAS ROAD, E14

House • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Pets not permitted . Maximum rent shown, to be confirmed at viewing

£171.27, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 27123



Accessible Category F
ST HUBERTS HOUSE, JANET STREET, E14
Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets not permitted . Maximum rent shown, to be confirmed at viewing

£171.27, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 27124



Accessible Category F
BIRCHDOWN HOUSE, RAINHILL WAY, E3
Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£205.43, Weekly - Affordable Rent
Landlord: Poplar HARCA

Property Ref: 27106



Accessible Category G
ALLOWAY ROAD, E3

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets not permitted

FIXED TERM TENANCY

£150.84, Weekly - Affordable Rent
Landlord: Circle 33 HA

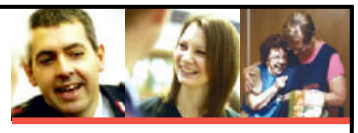
Property Ref: 27115

1. Internet Bidding – Just log on to www.thhs.org.uk

2. Telephone Bidding – Simply call 0845 270 2400

Did You Know?

The Salvation Army has over 900 centres including Community, Church, Elderly Care and Substance Misuse Centres



FEMALE SERVICE MANAGER

Hopetown Lifehouse, London E1
Starting salary: £36,697 per annum
Minimum 40 hours pw, including some evenings and weekends

We need a highly motivated individual to manage one of our lifehouses in the East End of London.

With experience and a passion for working with homeless people, you will lead and motivate our team to provide direct access hostel facilities for 118 women, as well as delivering a range of Life-skills re-training and resettlement programmes.

The successful candidate will have an NVQ 4 or equivalent in a relevant discipline, and possess excellent communication skills to enable them to successfully lead our centre and to develop partnerships with our external stakeholders.

With a business focus, you will implement change and generate new business and income. You will need to have plenty of experience of managing a multi-cultural team and working in a complex and challenging environment. Within that, your role will be to champion excellence in terms of high quality, cost effective service delivery, whilst ensuring a person-centred approach.

The successful applicant will be IT literate, with excellent written skills and be able to work within the Christian ethos of The Salvation Army.

This post is restricted to female applicants only. The Equality Act 2010, Schedule 9, Part 1, Paragraph 1 applies to this post.

For an application pack and further details, please contact: Janet Buchanan on 020 7378 1021 or email janet.buchanan@salvationarmy.org.uk

Closing date for completed applications: 11th June 2013.

CVs will not be accepted.

Offers will be made subject to a satisfactory enhanced Disclosure Check.

THE SALVATION ARMY

Promoting equality in the workplace.
The Salvation Army is a Church and a registered charity. Charity no. 214779 and in Scotland SC009359.

www.salvationarmy.org.uk

Career Opportunities

TOWER HAMLETS

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....



Family Centre Social Worker x2 £31,152 - £40,506 per annum
Education, Social Care and Wellbeing Directorate
Ref: CSF00366
Closing date: 16.06.13

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.

POSITIVE ABOUT DISABLED PEOPLE · INVESTORS IN PEOPLE · Stonewall TOP 100 EMPLOYERS 2013

INTERCITY TELESALES

IC LTD

Telesales person required for printing and mailing house based in London E2.

Full or part time. Applicant must have some experience in this type of industry.

CALL JOHN 020 8923 8888

Did you know...

you could place a recruitment ad with East End Life for as little as £90 + VAT?

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1 Year Paper
2 Years Cotton
3 Years Leather
4 Years Fruit & Flowers
5 Years Wooden
6 Years Sugar
7 Years Woollen
8 Years Salt
9 Years Copper
10 Years Tin
15 Years Crystal
20 Years China
25 Years Silver
30 Years Pearl
35 Years Coral
40 Years Ruby
45 Years Sapphire
50 Years Golden
55 Years Emerald
60 Years Diamond

LONDON LEGACY DEVELOPMENT CORPORATION

Notice Of Application For Planning Permission

Under Article 13 Of The Town and Country Planning (Development Management Procedure) (England) Order 2010 The Town And Country Planning Act 1990 (As Amended)

Date of notice: 3 June 2013

In accordance with the above act and related legislation, notice is hereby given that the application forms, plans and other documents submitted in relation to the proposal noted below may be examined at the London Legacy Development Corporation reception Level 10, 1 Stratford Place, Montfichet Road, London E20 1EJ. The reception is open from 09:00 – 17:00 Monday to Friday by appointment only telephone number 020 3288 8820. The above documents are also available to download from the Planning Register on the Planning Policy and Decisions Team website www.londonlegacy.co.uk/planning. **Anyone who wishes to make comments about the application should write to the address below quoting the relevant Application Reference Number:** Director of Planning Policy and Decisions Team, London Legacy Development Corporation, Level 10, 1 Stratford Place, Montfitchet Road, London E20 1EJ. Alternatively comments can be made by email to: planningenquiries@londonlegacy.co.uk Comments should be submitted within 21 days of the date of this notice and should be received by **24 June 2013. Application Reference No:** 13/00183/LBC **Application Site:** Clock Mill House Three Mill Lane London E3 3DU **Description of Proposal:** The internal alteration and change of use of the existing Grade II listed Clock Mill from Use Class B1 (Business) to Use Class D1 (Non-Residential Institution) to accommodate a secondary school for a temporary period of 2 years. **Applicant's name:** East London Science School **Application Reference No:** 13/00182/FUL **Application Site:** Clock Mill Three Mill Lane London E3 3DU **Description of Proposal:** The internal alteration and change of use of the existing Grade II listed Clock Mill from Use Class B1 (Business) to Use Class D1 (Non-Residential Institution) to accommodate a secondary school for a temporary period of 2 years. **Applicant's name:** East London Science School **Dated**: 3 June 2013 **Authorised by:** Vivienne Ramsey **On Behalf of:** London Legacy Development Corporation, Planning Policy and Decisions Team.

Real — Disabled people working together for real choices

Operations Manager
£36,660 (pro-rata)

Information, Advice and Advocacy Coordinator
£31,570 (Full-time)

Administration and Support Assistant
£15,561 (pro-rata)

We are going through an exciting time at Real and this is an excellent opportunity to join a developing, growing third sector organisation. We are now recruiting three new posts.

We particularly welcome applications from disabled people, and people who live in Tower Hamlets.

Applications close: 10 June 2013

Full information at **www.real.org.uk/jobs**

Public notices

LONDON BOROUGH OF TOWER HAMLETS

LICENSING ACT 2003

NOTICE OF APPLICATION FOR PREMISES LICENCE

NOTICE IS GIVEN THAT Smart Emporium Limited has applied to London Borough of Tower Hamlets Licensing Authority for a Premises Licence under the Licensing Act 2003.

Premises: Chillies, 76 Brick Lane, London E1 6RL

The licensable activities and timings are: Recorded music
Provision of late night refreshment
Supply of alcohol ; each

(1) on weekdays 1000 to 0000

(2) on Sundays 1000 to 2300

(3) on New Years Eve 1000 to start of permitted hours on 1 January

Anyone who wishes to make representations regarding this application must give notice in writing to: The Licensing Section, London Borough of Tower Hamlets, Mulberry Place (AH), PO Box 55739, 5 Clove Crescent, London E14 1BY. Website: www.towerhamlets.gov.uk Tel: 020 7364 5008

Representations must be received no later than 26/06/2013

The Application Record and Register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the Licencing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000)

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – BRUNE STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Brune Street between its junction with Toynbee Street and its junction with Tenter Ground.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Cobra Traffic Management.

The alternative routes for vehicular traffic will be via Toynbee Street, White's Row and Tenter Ground or Bell Lane, Cobb Street, Middlesex Street, St. Botolph Street, Whitechapel High Street, Commercial Street, White Row and Toynbee Street.

Throughout the duration of the works, and at times when the "one way" and "no entry" traffic signs are covered, the existing one way working in Brune Street between its junction with Toynbee Street and its junction with White Row will be temporarily suspended.

The restriction on vehicular traffic will operate on:

a) Saturday 22nd June 2013 from 08:00 hours until 18:00 hours;

b) Saturday 29th June 2013 from 08:00 hours until 18:00 hours;

and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 3rd June 2013

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
ANCHORAGE HOUSE
2 CLOVE CRESCENT
LONDON E14 2BE

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY TRAFFIC RESTRICTION – CASTLEMAIN STREET E1

NOTICE IS HEREBY GIVEN, the Council of the London Borough of Tower Hamlets made an Order, which will suspend the existing one-way working and impose a two-way working for vehicular traffic in Castlemain Street for a distance of approximately 20 metres in the northern direction from its junction with the northern kerbline of Durward Street.

Whilst the temporary two-way working in Castlemain Street is in force, vehicles will not be permitted to turn right or left from Wodeham Gardens or Lomas Street into Vallance Road.

The proposed two-way working for traffic is to facilitate essential Crossrail construction works on the public highway.

The restriction on vehicular traffic will operate from Wednesday 12th June 2013 for a period of 23 weeks and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to James Nolan, Street Works Compliance Officer, Transport and Highways on 0794 424 4270 or email, james.nolan@towerhaml ets.gov.uk

Dated: 3rd June 2013

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
ANCHORAGE HOUSE
2 CLOVE CRESCENT
LONDON E14 2BE

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – CARDIGAN ROAD E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Cardigan Road between its junction with Anglo Road and its junction with Tredegar Road.

The restriction on vehicular traffic will enable essential crane works to be carried out on the public highway by King Lifting Limited. The alternative routes will be via Roman Road, St. Stephens Road, Tredegar Road and Cardigan Road or Cardigan Road, Tredegar Road, Parnell Road and Roman Road.

Throughout the duration of the works, and at times when the "one way" and "no entry" traffic signs are covered, the existing one way working in Cardigan Road approximately 20 metres south-eastbound from its junction with Roman Road will be temporarily suspended.

The restriction on vehicular traffic will operate on:

- Monday 10th June 2013 from 08:00 hours until 18:00 hours;
- Monday 17th June 2013 from 08:00 hours until 18:00 hours;
- Monday 24th June 2013 from 08:00 hours until 18:00 hours.

And at times when temporary traffic signs or traffic cones are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 3rd June 2013

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
ANCHORAGE HOUSE
2 CLOVE CRESCENT
LONDON E14 2BE

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – OLD MONTAGUE STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Old Montague Street for a distance of approximately 50 metres in the south-west direction from its junction with Vallance Road.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Crossrail.

The alternative route for vehicular traffic will be via Old Montague Street, Davenant Street, Whitechapel Road (westbound), Greatorex Street, Hanbury Street (eastbound), Deal Street, Buxton Street and Vallance Road.

Throughout the duration of the works, and at times when the "no entry" and "one way" traffic signs are covered, the existing one way working in Old Montague Street between its junction with Davenant Street and its junction with Vallance Road will be temporarily suspended.

The restriction on vehicular traffic will operate from Wednesday 12th June 2013 for a period of 23 weeks and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to James Nolan, Network Compliance Officer, Transport and Highways on 0794 424 4270 or email, james.nolan@towerhamlets.gov.uk

Dated: 3rd June 2013

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
ANCHORAGE HOUSE
2 CLOVE CRESCENT
LONDON E14 2BE

Public & Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Marlow Workshops, Calvert Avenue, London **PA/13/1065 &1066/AWA**
New build extension to existing building at ground and first floor.

16A Zealand Road, London, E3 5RB **PA/13/01039/UQU**
Erection of a rear side extension

219 Whitechapel Road, London, E1 1DE **PA/13/876/LAB**
Application for retention of extract flue.

34 Alie Street, London, E1 8DA **PA/13/911/ADW**
Internal alterations to Grade II listed building comprising the erection of a new stud wall and door to staircase at ground floor level and installation of a kitchen at basement level,in association with the conversion of the 5 storey terraced house into a 4 storey maisonette and a self-contained 1 bed basement flat (with associated application for Planning Permission reference PA/13/00910).

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

29 Lyal Road, London, E3 5QG **PA/13/01119/LAB**
Replacement of windows & rear door with new double glazed units.

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 3rd June 2013

OWEN WHALLEY
HEAD OF PLANNING AND BUILDING CONTROL

TOWER HAMLETS


THE INAUGURAL BRICK LANE
COMEDY FESTIVAL
AL MURRAY
ALAN DAVIES
RICH HALL
MILTON JONES
ADAM BUXTON
ED BYRNE
TIM KEY JOSH WIDDICOMBE TONY LAW ANDREW MAXWELL
CRAIG CAMPBELL DOC BROWN ISY SUTTIE ARTHUR SMITH
SEANN WALSH JARRED CHRISTMAS KERRY GODLIMAN
ED GAMBLE JOHN ROBINS JOE LYCETT & MANY MORE
TRUMAN
10TH - 19TH JULY 2013
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See
ticketweb
RICH MIX
Supporting Shelter

Hat-trick heroes

Harvey Horn and James Branch of Repton Boxing Club have both completed a hat-trick of junior titles.

SEE BELOW



Cycling stars head for Canary Wharf

Canary Wharf will be the setting for Stage 8 of the Pearl Isumi Tour of Britain cycle race on June 6 and spectators will be able to see former Olympic champion Ed Clancy, left, in action.

SEE PAGE 27

Sport

Sport in brief

Repton four enjoy more title glory

REPTON Boxing Club continued their amazing season of success by picking up another four titles at the weekend.

The Bethnal Green club have dominated most of the championships this season and it was no different at the Junior ABA finals in Mansfield.

And none have been more outstanding this term than Class Six champions Harvey Horn (48kg) and James Branch (86kg) who completed a hat-trick of junior titles.

Horn was in complete control against Northern champion Andrew Winter (Shildon) and was an overwhelming points winner.

Branch decided to let his fists be the judges and Wellington's Samuel Williams was forced to retiure after two rounda after taking heavy shots to the ribs.

Jimmy Smith in the Class Four 63kg division continued his success by beating Kasey Robinson in a classy contest to win by a 4-1 margin.

Final winner in the famous green and gold shirt was Sunny Edwards who outclassed Everton Red Triangle's Scot Rankin.

Teddy might have been a champ

TEDDY Berry who might have been a popular champion had he not suffered a detached retina early in his boxing career, has died at the age of 84.

Berry, from Bethnal Green, was one of Britain's most promising lightweight prospects in the late 1940s.

A tremendously tough and exciting fighter, Ted notched a perfect unbeaten professional record of 19 straight wins, before the eye injury forced him to retire from the game when aged just 20.

He was a huge draw around the fight halls of late 40s London and looked like a future champion.

Ted came from a proud fighting family. His father, Harry 'Kid' Berry, was a leading feather and lightweight of the late 1920s and early 30s and fought the likes of Al Foreman, Nipper Pat Daly, Tommy Hyams and Kid Socks. Ted's brother Checker Berry and his cousin Pat Berry also boxed professionally.

A lifelong resident of Bethnal Green, Ted had known real poverty and overcame some terrible setbacks in his life.

Olympic Park is taking shape



THE Aquatics Centre saw its temporary seating removed last week as the Queen Elizabeth Olympic Park begins to take shape.

Huge steel trusses weighing in at 172 tonnes each were removed as work on the former Olympic site continues ahead of its opening as a public park later this year.

"The former Olympic Park is being transformed into a fantastic new public park," said Dennis Hone, chief executive of the park.

"The £292 million project to adapt the park and take down the temporary venues is running on time and on budget.

"We will open the first part of the Park this summer with a series of events in the north of the Park and the Copper Box opening to the public.

"The rest of the park will open in phases through to spring 2014 when the Aquatics Centre will open and people will be able to swim in those fantastic Olympic-sized pools."

The Aquatics Centre, which has seen its seating capacity reduced from 7,500 to 2,500, will cost the same to use as local leisure centres and 800,000 people per year are expected to use it.

There are a range of events being planned over the summer.

For more information on the future of the Olympic Park visit **www.noordinarypark.co.uk**

Chinese internationals pad up at Vicky Park

Touring cricketers hope to inspire more of their compatriots to play the game

BY TOM SHEEN

SIX gifted young Chinese cricketers have arrived in London in a bid to inspire more of their countrymen and women to take up the sport at home.



The players will be in London for two months

And East Enders will get the chance to see the players, who are all members of the Chinese national team, in action every week as they join Chinatown CC currently playing in the Victoria Park Community Cricket League.

Their mission is to return to China after a summer of English cricket to help the sport crash through an improbable barrier and make its mark in their own country.

The players are here as guests of Capital Kids Cricket (CKC), a charity set up in 1990 to rescue the teaching of cricket in schools across London.

Impressed by their success, they now teach in more than 500 schools.

The Asian Cricket Council and Chinese Cricket Association sought out the charity to help them develop the sport.

"Although this work is outside our usual geographic territory, it is a huge privilege to be asked to boost the growth of Chinese cricket," said Haydn Turner, CKC's founder.

"We have undertaken to pay for accommodation and other living expenses for these gifted cricketers in London this summer, and help them develop their coaching and playing skills in any way that we can.

"China is a key centre in the development of international sport and the establishment of cricket there would go far towards guaranteeing its growth throughout the world."

The touring party is made up of four ment – Zhang Yufei, Sun Lei, Song Yangyan, Wang Jon – and two women – Zhang Mei and Yu Miao.

The players will take part in a number of events during their two-month stay in London, including coaching sessions with Capital Kids, playing senior cricket with a number of clubs and taking part in the CKC Festival of Cricket in Regent's Park.

For more information about the Chinese players' visit or where they will be playing visit **www.capitalkidscricket.co.uk**

Poplar are robbed of cup glory

Football

THE morning after Bayern Munich were crowned Champions of Europe at the home of football, Poplar United had their own chance of tasting glory at Wembley.



Poplar United's unlucky cup side

And though they weren't playing at Wembley stadium, they were playing at Vale Park, home of non-league Wembley FC, in the league cup final

The East Enders started well against Blood, Sweat and Tears FC, pressing well and maintaining the majority of the first-half possession.

Poplar finally got their reward when Emran Khan scored in the last minute of the first half, lobbing the keeper from the edge of the box.

United continued on the attack in the second half and scored again, this time after a brilliant run by winger Abed Aktar, who placed his shot in the bottom corner.

Just five minutes later, with 65 mintes played, Blood, Sweat and Tears scrambled a scruffy goal in to make it 2-1.

As pressure began to build Poplar manager Shajim Miah was forced to make changes.

But then he saw his team concede another two goals making it 3-2 with ten minutes left.

As Poplar went in search of an equaliser, they conceded a late goal to hand Blood, Sweat and Tears the cup.

"It was our game to throw away, from leading 2-0 to losing 4-2 was a big disappointment," said Shajim Miah.

"But I am extremely proud of all my players as they showed excellent sportsmanship throughout the competition.

"It's a big achievement to have reached the final."

For more information visit **www.poplarunitedfc.co.uk**



Get fit and have fun

To find out more about the wide range of healthy and enjoyable events and activities available at the borough's leisure centres go to your local centre or visit...

WWW.GLL.ORG

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Sport

Perri powers to victory

BY TOM SHEEN

PERRI Shakes-Drayton put in a stunning performance in Manchester over the bank holiday weekend.

The Bow athlete, 24, won the 200m hurdles to beat Olympic 400m hurdles champion Natalya Antyukh at the BT Great City Games.

And though the race came in a barely run event on a specially constructed track built in Manchester city centre, it should set the tone for the 2013 season for Shakes-Drayton.

The former Bishop Challoner School pupil is hoping to continue her form of earlier this year, when she won two golds in Gothenburg at the European Indoor Championships.

The win comes hot on the heels of running an outdoor personal best in the 400m of 50.98 seconds at Loughborough a week earlier, leaving the Olympic semi-finalist in blistering form going into the Diamond League meeting in America as East End Life went to press.

"I ran a 400m personal best last weekend which gave me confidence," she said. "The crowd helped and the more I ran, the more I was getting into it. It was different. I enjoyed it."

Shakes-Drayton was due to take part in the Diamond League meeting in Eugene, Oregon, at the weekend racing again against Antuykh, and London 2012 medallists Lashinda Demus and Zuzana Hejnova.



Perri after her victory Photo: Barrington Coombs Photography

Tour of Britain hits the Wharf

Cycling

EUROPE'S best cyclists will ride into east London this week as Stage 8 of the Pearl Izumi Tour of Britain takes place in Canary Wharf.

Olympic champion Ed Clancy is the biggest name on the tour, but the track cycling champion is so far in the middle of the pack on the open road.

Clancy, a five-time world champion and winner of two Olympic gold medals, had won just one of four stages as East End Life went to press, with Team UK Youth youngster Yanto Barker out in front after winning Stage 1 and Stage 3.

Commonwealth champion and Olympic silver medallist Ross Edgar is another who has swapped the velodrome for the road, but he too is among the also-rans at the moment.

Both Clancy and Edgar will be looking forward to the Canary Wharf stage. However, as the action loops around the North and South Colonnade of Britain's banking district, this flat, well tarmaced surface should favour those with speed.

The series comprises 11 stages around the UK. The race started in Kirkcaldy, Fife on May 14 and finishes in Ipswich, Suffolk on June 14.

Stage 8 will take place in Canary Wharf on Thursday, June 6, starting at 7pm and finishing at around 8.15pm.

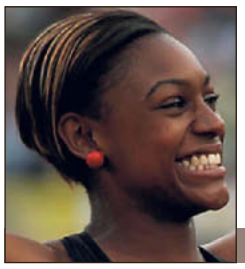
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Flyer Perri

Perri Shakes-Drayton, left, beats an Olympic champion.

SEE PAGE 27



Kyian jumps for gold

Kyian Pierre, left, won a long jump gold medal at the Middlesex championships last week – one of several Bishop Challoner athletes who set a school record at the event.

SEE BELOW

TOWER HAMLETS eastendsport
NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Brandon, Leigh spark gold rush

BY TOM SHEEN

BISHOP Challoner School enjoyed amazing success at the London Schools Combined Events Championships and the Middlesex Championships last week.

Both events were held at Lee Valley Athletics Centre and Bishop Challoner won 17 medals – their 14 medals at the Middlesex Championships a record haul for the school.

The first event was the London Schools Combined, a pentathlon event to find the best overall athlete in the capital.

The Shadwell school won three medals in the event with Brandon McCarthy and Cameron Alexander getting gold and silver, and Leigh Thompson winning the girls event.

Thompson and McCarthy can now claim to be the best all-round athletes in London and will represent the city later this month in the South East England Championships.

Thompson added another pair of gold medals at the Middlesex Championships, winning the long jump and the hurdles.

Precious Ejims added gold in the 200m and Kyian Pierre won the boys long jump.

Bishop Challoner would have tasted more success had the event not taken place in the first week of half-term, meaning many athletes missed out.

At the Essex Championships, 17-year-old pupil Kelvin Tairou won the 100m in a startling 10.44 seconds.

Kelvin, who was the fastest junior in the world in 2011, has now shot to number 2 in this year's UK rankings.

"All the success is a credit to the hard work of all the athletes, the coaches and teachers," said Mike Whittaker, an athletics coach at the school.

Fellow East End students from Bethnal Green Academy added five more medals – the highlight from Ismail Mustaphe who won gold with a championship record throw of 9.31m in the shot putt and bronze in the 200m.

Silvio Marcelo brought back a silver in the triple-jump and Adil Ali and Sak Hassan both won bronze, Ali in the 300m and Hassan in the 1,500m.

"It's great to see our athletes not only competing in such meetings, but winning medals in such a wide variety of events," said their head of PE, Stuart Brown.



Brandon McCarthy and Cameron Alexander



Leigh Thompson



Bethnal Green medallists Adil, Silvio, Sak and Mustaphe

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Art from the back of a car

Top painters sell their wares at boot sale in Brick Lane

SEE PAGE 2



A nine-day spectacular

The Greenwich + Docklands International Festival returns

SEE PAGE 4



Lover's Rock Monologues

Win tickets for a trip down romantic memory lane

SEE PAGE 7

ISSUE 962 3 - 9 JUNE 2013

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Or download an application form from:
www.towerhamlets.gov.uk

*Dependent on course selected.
See website for details

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Now you see them...

Go to The View Tube on June 9 at 3pm and watch Dorothy McLennan, 78, and Alan Carter, 76, challenge younger runners to a 60m dash.

DETAILS ON PAGE 3

Out & about

Events

Ale Festival
Especially for Father's Day, with a range of award-winning ales and ciders, plus food. £10-£12.
Fri-Sun Jun 14-16, times vary.
The Gun, 27 Coldharbour, E14.
www.thegundocklands.com

Spring Festival
Families and friends can have a go at forgotten woodland crafts, look at exhibitions, take a ride around the park in a rickshaw, learn about the nature and wildlife of the park and much more. Free.
Sat, Jun 8, 11am-4pm.
Tower Hamlets Cemetery Park, Southern Grove, E3.
8983 1277

City of London Festival
A year on from the acclaimed 50th anniversary event, the festival returns packed full of music, dance, art, film, poetry, family events and more. Prices vary.
Sun, Jun 23-Fri, Jul 26, times vary.
Various locations.
www.colf.org

Exhibitions

Made in Bow
Exhibition from Bow Arts that will show rare 250-year-old porcelain that was made at the Bow Porcelain Factory in the 18th century. Includes new porcelain from three artists as well as porcelain workshops and a talk on its history. Free.
Until July 25, times vary.
The Nunnery Gallery, 181 Bow Road, E3.
www.bowats.org

Bollywood and Pan-Asian Posters
A colourful array of 100 iconic images and posters to celebrate 100 years of cinema from across Asia. Free.
Mon, Jun 3-Fri, Jun 21, times vary.
Brady Arts Centre, 192-196 Hanbury Street, E1.
7364 7900

Human Coral
Artist Saif Osmani presents a decade-long look at traders, shopkeepers and shoppers in Queen's Market, Newham. Free.
Thurs, Jun 6-Sun, Jun 30, times vary.
Rich Mix, 35-47 Bethnal Green Road, E1.
www.richmix.org.uk

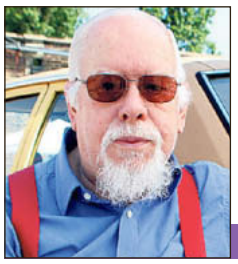
New World Disorder



Urban artist D*Face presents work from the last seven years at the iconic gallery before it relocates and the adjoining artist studios are demolished. The exhibition also includes the opportunity to visit his studio space which has produced work that has gone on show in New York, Los Angeles, Tokyo and Melbourne. Free.
Fri, Jun 7-Sun, Jun 23, times vary.
StolenSpace Gallery, The Old Truman Brewery,



Vauxhall Art Car Boot Fair
Popular car boot sale returns for its tenth year with top artists including Tracey Emin, Sir Peter Blake, Gavin Turk and Pam Hogg (pictured above, at last year's fair, with actress Jaime Winstone) selling limited edition collectable work for very cheap prices – expect early queues. £5 entry. Sun, Jun 9, 12-7pm. Brick Lane Yard, Brick Lane, E1.
www.artcarbootfair.com



Snap up an arty bargain

Pick up an original piece of artwork by some of the UK's top artists, including Sir Peter Blake (left), for a few pounds at the tenth Vauxhall Art Car Boot Fair off Brick Lane.

DETAILS ON PAGE 2



aPOPcalyptic

D*Face uses a family of dysfunctional characters in his art.

DETAILS OPPOSITE

Out & about

Music to your ears, whatever your tastes

BY TOM SHEEN

THE ever-popular Spitalfields Music Summer Festival returns this month with two weeks of invigorating music for the die-hard music lover and those who want to try it for the first time.

Firmly rooted in some of E1's most evocative venues, events take place in both little-known architectural gems and gritty underground East End venues, to the grandeur of Hawksmoor's Christ Church, Spitalfields.

The festival continues its popular and award-winning ticketing schemes, with a number of free tickets on offer for first-time festival-goers who live in the borough and the buy one/donate one scheme that has seen many people introduced to the festival.

The No Strings Attached scheme, as it is known, last year won the Royal Philharmonic Society Music Award for Audiences and Engagement.

But with many events free, and tickets starting from as little as £5, there will certainly be ample opportunity to see excellent live music.



(Above) Amsterdam Baroque Orchestra (Right) Open Souls

The festival offers a broad mix of musical styles, with classical, jazz, world and folk performers from home and away heading to the East End.

Must-see events include the Early Opera Company performing both Handel and Bach in two very different venues; leading electronic musician Scanner creating multi-layered sound pieces that twist music and technology in unconventional ways; and a Musical Rumpus for babies and toddlers with former Children's Laureate Michael Rosen joining the City of London Sinfonia at Idea Store Whitechapel.

Other noteworthy performances include Seb Rochford from Polar Bear and Bjork percussionist Manu Delago, flautist Carla Rees performing a new work and east London recorder player Charlotte Barbour-Condini.

Finally Spitalfields Music's own community choir Women Sing East will perform a concert.



There will also be free lunchtime concerts in Bishops Square, a multimedia film installation in Boxpark and much more.

Spitalfields Music Summer Festival runs from Friday, June 7 to Saturday, June 22 at various locations.

For more information, full programme listings and to book tickets visit **www.spitalfieldsmusic.org.uk**

91 Brick Lane, E1.
www.stolenspace.com

Creative Connections
St Paul's Way Trust Secondary School pupils have been joined by artist Lucy Steggals to produce portraits of some of the most influential people to have come from Tower Hamlets. The exhibition also includes a number of different events, workshops, lectures and tours. Free.
Tues, Jun 10-Sept 8, times vary.
National Portrait Gallery, St Martin's Place, WC2.
www.npg.org.uk

Growing Old Competitively



Exhibition by photographer Alex Rotas who has been photographing athletes in their 60s, 70s and 80s. Includes a Grand Challenge on Sun, Jun 9 where two athletes in their late 70s challenge younger people to a 60m sprint. Free.
Until July 5, times vary.
The View Tube, The Green Way, E15.
www.alexrotasphotography.com

Kids

Dig and Delve



Children from Arnheim Wharf Primary and Old Church Nursery schools have joined forces with final year acting students from Rose Bruford College of Theatre & Performance in Bexley to develop a new garden-themed adventure for three- to seven-year-olds. The performance invites audiences to dig, fork and rake in a rich, magical garden. £6.
Tues-Sat, Jun 4-8, times vary.
Half Moon Young People's Theatre, 43 White Horse Road, E1.
www.halfmoon.org.uk

Music

A Night at the Opera
East End choir the London Docklands Singers perform a number of well-loved choruses, including the Barber of Seville. £9-£12.
Sat, Jun 29, 7.30pm.
All Saints Church, Newby Place, E14.
www.londondocklandssingers.org

Can You Dig It?
Part of the Chelsea Fringe show, this musical-comedy from Jo Stephenson and Dan Woods is a critically acclaimed production about growing vegetables and allotment life. £10.
Sat, Jun 8, 7.30pm.
Oxford House, Derbyshire Street, E2.
http://can-you-dig-it.co.uk

Found
Festival of the best in cutting-edge electronic music with the likes of Maya Jane Coles, MK, Lee Foss, Huxley and Audiojack performing to a packed crowd. £50-£75.
Sat, Jun 15, 11am-9pm.
Haggerston Park, Hackney Road, E2.
www.foundseries.co.uk/festival

Grand Union Orchestra
One of the world's best orchestras returns to Wilton's for the first time since 2011 to present a different side to the legacy of the Battle of Cable Street. £6-£12.
Fri, Jun 7, 8pm.
Wilton's Music Hall, Graces Alley, E1.
http://wiltons.org.uk

Lover's Rock Monologues
To celebrate the 40th anniversary year of Lover's Rock, Janet Kay, Victor Romero Evans and Carroll Thompson are bringing their hit show to the East End, with classic songs from a bygone era. £12-£18.
Thurs-Sat, Jun 20-22, times vary.
Theatre Royal Stratford East, Gerry Raffles Square, E15.
www.stratfordeast.com

Urban Nerds: Ones 2 Watch
Underground clubbers the Urban Nerds take over the Basing House to present the first in their new series that showcases the best new talent in London, this time with Jacking Bass. £8.
Sat, Jun 22, 9pm-4am.
Basing House, 25 Kingsland Road, E2.
www.urban-nerds.com



Laura Marling
Secret Cinema will bring to life Laura Marling's latest album, Once I Was An Eagle, for a pioneering, immersive music experience across a number of rooms and buildings. £35.
Thurs, June 13-Sun, June 30, times vary. Secret East End venue.
www.secretcinema.org

Theatre

Angelic Tales
This festival of theatre shows 12 new plays from some of east London's best emerging playwrights, with everything from laugh-out-loud comedies to inner-city romances and feuding families. £5-£8.
Tues-Sat Jun 11-15, times vary.
Theatre Royal Stratford East, Gerry Raffles Square, E15.
www.stratfordeast.com

The Decorator
StoneCrabs Theatre brings a Brazilian take on Donald Churchill's comedy about seduction, revenge and mistaken identity. £10-£14.
Tues-Sat, Jun 25-29, 7.45pm.
The Space, 269 Westferry Road, E14.
www.space.org.uk





Free festival of spectacular arts

Greenwich + Docklands International Festival – London's biggest annual free festival of outdoor arts – includes Dancing City at Canary Wharf, a rooftop trampoline and even a 1920s Speakeasy.

WWW.FESTIVAL.ORG

Get a Life!

Dance

Argentinian tango E14
Class. Sat 2-5pm. £5. St John's Community Hall, 37 Glengall Grove, E14.
7538 3852

Ballroom/Latin American
Fri, 2-4pm, £2.50, 20p refreshments.
Kingsley Hall, Powis Road, E3.
8550 1392

Belly dancing – beginners
Sats, 2-3pm, £6.
Oxford House, Derbyshire Street, E2.
07796 850506

Brazilian dance classes
Thurs, 1-2pm. £2 per class.
Alpha Grove Community Centre, Alpha Grove, E14.
7538 1714
www.danceartuk.com

DanceArt Project
Ballet for children every Thurs, 3-5 years, 4pm; ages 6-9, 5pm. Ages 11-14. Tues, 4-5.30pm, free.
Alpha Grove Community Centre, Alpha Grove E14 8LH.
07402 022736
Oxford House, Derbyshire Street, E2.
7739 7722

Energize4Girlz
South African gumboot dancing. Every other Saturday from 11am-12:30pm.
St Pauls Shadwell Church, 302 The Highway, E1.
energize4girlzdance@gmail.com

Free classes in dance aerobics
Thurs, 5.45-6.45pm; and creative dance fitness, Fri, 11am-12noon. All levels welcome.
Alpha Grove Community Centre, Alpha Grove, E14.
7538 1714

Green Candle Youth Dance Co

Green Candle Senior Dance
Over-60s, no experience is necessary. Tues, 10.30am-12pm, free. Oxford House, Derbyshire Street, E2.
7739 7722

Salsa
For dancers of all experience, followed by dancing until midnight. Prices vary. Every Tues & Weds, 7.30-9.30pm.
The Urban Bar, 176 Whitechapel Road, E1.
07932 658861

Zumba fitness classes
Open to all adults. Every Thursday from 7-8pm.
Glamis Residents' Hall, 414 Cable Street, E1.
07946 483246
ilona.charles@hotmail.co.uk

Zumba classes
Every Tues 11.15am-12.15pm. £1.
St Matthias Community Centre, 113 Poplar High St, E14.
7515 8362

Kids

Ballet for children
Every Thurs, 4pm for ages 3-5, 4.40pm for ages 6-8. Alpha Grove Community Centre Alpha Grove E14.
7538 1714

Children's dance classes
Tap, ballet and modern jazz classes.
Thurs, 4-6pm, term-time only. £1.50. Dockland Settlements, 197 East Ferry Road, E14.
7093 3146

Dance play
Dance and movement for parents/carers and children aged 1-5. Tues, 1.45-2.45pm, £1.50 (concessions available).
Language of Dance Centre, Oxford House, Derbyshire Street, E2.
7749 1131

Deaf after school club
For ages 5-12. Mon-Fri, 4-6pm.
Tower Project, 45-55 White Horse Road, E1.
naima@towerproject.org.uk
7790 9085

Kids' creative dance classes
For ages 2-16. Tues afternoons and Sat mornings. £36 per term/£24 concs.

DOCKLANDS will come alive for nine days of spectacular performances when the Greenwich & Docklands International Festival returns later this month. The programme is filled with some of the best artists from at home and abroad, all for free. Events will take place across the Isle of Dogs, Canary Wharf and Greenwich with large scale spectaculars, ingeniously staged theatre productions, surprising installations and an extensive dance programme.
Island Gardens hosts the Island Fair, a week-long celebration of street arts, dance, theatre and circus acts, which coincides with the Greenwich Fair, just a short walk through the foot tunnel. Canary Wharf will again be transformed into Dancing City (pictured), the UK's largest annual programme of outdoor dance.
The festival will run from Friday, June 21 to Saturday, June 29. All events are free. Visit www.festival.org



Your FAMILY ANNOUNCEMENTS

Are you are looking to celebrate or remember someone dear to you?

Whatever you want to say, use East End Life to make your announcement. Your announcement must reach us by the Monday before the publication date you require. Send the text of your announcement including your contact details to East End Life Family Announcements, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG, by fax to 020 7364 4384 or e-mail to: **terri-leigh.knight@towerhamlets.gov.uk**

Sizes and prices:
6 x 1 (60mm high x 41mm wide) = £10
6 x 2 (60mm high x 85mm wide) = £20
Pre-payment by credit or debit card, cheque (payable to East End Life).

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The Coroners' Courts Support Service

Would you be able to give emotional and practical support to families and witnesses attending Inquests?

Volunteers required to help set up the Service in the Poplar Coroner's Court. Must be available weekdays and willing to travel for training. Reasonable expenses paid and full training given. As a small Charity we are unable to offer work experience.

For an application pack please email info@ccsupport.org.uk or call 07506 229 279



A rich and diverse programme of films

The East End Film Festival features international premieres, industry masterclasses, free pop-up screenings and live events. East One (left) is among the films being premiered.

SEE BELOW

Get a Life!

Chisenhale Dance Space, 64-84 Chisenhale Road, E3.
8981 6617
www.chisenhaledance space.co.uk

Pollyanna Training Theatre
Drama and musical theatre for ages 4-16 in Wapping, E1.
7481 1911

Rhyme time
Thurs, 2-3 pm. Watney Market Library, 30-32 Watney Market, E1.
7790 4039

Young & talented?
Performing arts group for 6- to 16-year olds. Sats, 10.30am-1.30pm, term-time. Oxford House, Derbyshire Street, E2.
8556 5348

Music

Creative Unity steel band
Steel pan classes Thurs, 6.30-8.30pm. St Matthias Community Centre, 113 Poplar High Street, E14.
07808 847974

Parent & child

Dance play
Dance and movement for parents/carers and their children aged 1-5. Weds, 10-11.15am until Mar 30. Free. Language of Dance Centre, Oxford House, Derbyshire Street, E2.
7749 1131

Island Tots
For childminders, parents and kids ages 0-4. Mon-Fri, 1-3pm, term-time. 55 Club, Samuda Estate, Stewart Street, E14.
7538 3292

Toyhouse library
Mons, 1.30-3.30pm, Halley Primary School, Halley Street, E14. Tues, 2-3.30pm, Cayley School, Aston Street, E14. Weds, 9.20-10.45am, Harry Roberts Nursery, Harford Street, E1. 1-2pm, TH Opportunity Playgroup, 583 Commercial Road, E1. 9-11am, Old Church Nursery, Walter Terrace, E1. 9-11am, Alice Model Nursery School, 14 Beaumont Grove, E1.

Yoga for pregnancy and mums and babies
Pregnancy class suitable from 14 weeks. Mums and babies classes suitable from six weeks until baby is crawling.
07958 645978
www.clareday-yoga.co.uk

Social

3 Bees Café
Healthy vegetarian and fish dish, served for just £3, takeaways available. Tuesdays, 4-8pm. Kingsley Hall Community Centre, Powis Road, E3.
07501 468 193

Asian deaf/hard of hearing people drop-in times
Tues, 10am-1pm, free. Trinity Centre, Key Close, E1.
7790 8478
minicom 7791 0105

Birchfield OAPs club
Mon-Fri, 7-9.30pm; Weds, 1-4pm. 50 Saltwell Street, E14.

Fern Street Settlement Club
Fern Street, E3.
7987 1949

Golden Ladies
Pensioners group for bingo and social. Weds, 1.30-3.30pm. North Greenwich Bowls Club, 197 East Ferry Road, E14.

Little Spitz' under-5s playgroup
Sun, 10am-12pm, 50p. Tours and stories. Spitalfields City Farm, Buxton Street, E1.
7247 8762

Tower Hamlets U3A
Tower Hamlets University of the Third Age offer courses for over-50s to learn T'ai Chi, jazz appreciation, art appreciation, history walking and more. £7.50 yearly membership. Various days and times. St Margaret's House Settlement, 21 Old Ford Road, E2.
7247 4283







THE East End Film Festival is back and bigger than ever, stretching over two weeks. Famed for screening new films and documentaries, this year it features 16 world premieres, two European premieres, 28 UK premieres and 20 London premieres. It opens with a screening of The UK Gold (pictured above left), a documentary narrated by The Wire's Dominic West, featuring music from Radiohead's Thom Yorke and Massive Attack's Robert Del Naja. Closing night features the UK premier of Lovelace, the eventful and tragic story of Linda Lovelace, the most famous adult actress of the 1970s. Other highlights include Indian feature Miss Lovely, and A Field in England, from controversial British director Ben Wheatley (both pictured). Screenings take place at locations including The Troxy, Rich Mix and Genesis Cinema. Visit www.eastendfilmfestival.com











Oh Carroll!

Lover's Rock Monologues also features Carroll Thompson, pictured.

You've got to be in it to win it...

To enter the competition below, send your name, address and phone number on a postcard, with the right answer, to: East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar E14 2BG by Tuesday, June 11.

Reader offers

Celebrate 40 years of rock for lovers



READER OFFER

TO celebrate 40 years of lover's rock, Theatre Royal Stratford East is hosting a four-night run of performances – and East End Life readers can win a pair of tickets for the opening night.

The hit show Lover's Rock Monologues comes from critically-acclaimed artists Janet Kay, Victor Romero Evans and Carroll Thompson, and follows a hugely successful sell-out series at theatres across London earlier this year.

The musical style has its origins in 1970s London and combines reggae with soul and blues.

Presented live with an on-stage band, Lover's Rock Monologues combines great music with and hilarious stories of growing up in the era.

In 1979 Janet Kay made history to become the first Black-British woman to have a reggae song reach number two in the British charts with Silly Games. Carroll Thompson enjoyed similar success with I'm So Sorry, which went straight to number one in the reggae charts, while Victor Romero Evans had a string of hits in the 80s.

Janet Kay said: "It's a heart-warming and delightful show. If you're new to Lover's Rock I urge you to come along – we'll have you singing in your seat!"

Theatre Royal Stratford East is offering a pair of tickets for the Thursday, June 20 performance, at 8pm. To be in with a chance of winning send the answer to the question below to **east endlife.news@towerhamlets.gov.uk** with Lover's Rock Competition in the subject line, or post to the address above by 5pm on Tuesday, June 11.

Q) Which Janet Kay song reached number one in 1979?

a) Crazy Games
b) Mad Games
c) Silly Games.

Lover's Rock Monologues runs from Thursday to Saturday, June 20-22, with tickets costing between £6 and £22. Theatre Royal Stratford East is at Gerry Raffles Square, E15.

Book at **www.stratfordeast.com**

METROPOLITAN POLICE

TOTAL POLICING

In a non-emergency, including anti-social behaviour (ASB), call 101

Call 101 to report anti-social behaviour (such as those outlined below) or a crime that has already happened or to seek crime prevention advice.

● Nuisance, rowdy or inconsiderate neighbours ● Vandalism, graffiti and fly-posting ● The buying or selling of drugs in public ● Street drinking ● Environmental damage including littering, dumping of rubbish and abandonment of cars ● Prostitution related activity ● Begging and vagrancy ● Fireworks misuse ● Inconsiderate or inappropriate use of vehicles

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Always call 999 when a crime is happening, someone suspected of a crime is nearby, someone is injured, being threatened or in danger.

Calls to 101 from landlines and mobiles cost 15 pence per call, no matter what time of day you call or how long your call lasts.

To contact your local SNT please visit **www.met.police.uk/TowerHamlets**

To receive our newsletters sign up for our group email service at **www.neighbourhoodlink.met.police.uk**

Follow us on Twitter **@MPSTowerHam**

Thousands don't know they have condition

It is estimated that there are more than 14,500 people with diabetes in Tower Hamlets. As many as 3,000 more people in the borough may have the condition without knowing it.

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Boost your business

Restaurant reviews are a popular feature of East End Life. If you would like to advertise on this page,

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Promising Mexican let down by tepid service

BY GORDON BLUE

THERE'S always a bit of a frisson when a new eaterie opens up in the gentrified Lauriston Village.

And so we enter Machete with more than a little anticipation, egged on by the kooky salad dryer lampshades, soft lighting and promise of cocktails.

I haven't been to a Mexican restaurant for a while and was really looking forward to a haze of tequila and some communal food.

The interior is warm and inviting, but the service is not.

When I arrive, my dining partner has already been waiting ten minutes with not much attention paid.

We ask if the table can be cleaned. With much flourish the waiter gets a cloth and wipes dried up rice and peas straight on to the floor. We are. gobsmacked. He is oblivious.

After some deep breathing exercises and another ten-minute wait for a drink, we are served some pitch-perfect cocktails.



Machete is a work in progress

The margaritas were sharp, salty and hit the spot much better than the breathing exercises.

For starters, jicama salad was sliced in large strips, buzzing with lime and crunchy with salted peanuts.

Jicama (or Mexican yam) is also popular in Vietnamese cooking and is a coolant for the more spicy dishes, in the same way we might use cucumber.

The chicken nachos we had to send back as the topping was tepid to cold.

The second attempt was better and the chicken tasty and on the right side of spicy.

Mains of quesidillas were pretty good, though on the small side for £8. The pulled pork filling was tasty and the seasoning had depth, but there wasn't nearly enough of it.

This formula needs some work, but I can see through the open kitchen that the chefs are hard working and on it.

With sharper service (by that I mean stop texting and chatting) people will come for the cocktails and stay for the food.

This is a work in progress and I wish them well. Good Mexican food can be hard to find in London.

Two ate and drank for medicinal purposes for just shy over £60, not including service.

Machete is at 91 Lauriston Road, E9.
Tel: 8533 3100

Tasty treat that's full of goodness

DIABETES Week, from June 9-15, aims to increase awareness about the condition and raise funds for Diabetes UK.

Diabetes takes two forms.

Type 1: in this type, the body can't produce any insulin. It usually occurs before the age of 40, and accounts for about ten per cent of all cases. It's the most common form of childhood diabetes.

Type 2: this is where the body doesn't make enough insulin, or where the body becomes resistant to insulin.

Although your food choices and eating habits are important in managing your diabetes, you should be able to enjoy a variety of foods as part of a healthy diet.

Thai chicken and noodle salad – serves 2 to 4

Ingredients:

2 small boneless, skinless chicken breasts
grated rind and juice 1 lime
1 teaspoon oil
2 cloves garlic, sliced
1/4 cucumber, halved lengthways and sliced
3 spring onions, sliced
75g/23/4oz fine beans, halved and blanched
2 tablespoons fresh coriander, chopped
1/2 red chilli, finely chopped
100g noodles, cooked according to the instructions
15g/ unsalted cashew nuts, toasted and roughly chopped

For the dressing:
grated rind and juice 1 orange
1 teaspoon runny honey

Method

1. Place the chicken into a non-metallic dish, pour over the lime rind and juice and leave to marinate for at least 30 minutes.
2. Heat the oil in a non-stick frying pan, add the garlic and the chicken, discarding the marinade.
3. Fry the chicken until it is thoroughly cooked.
4. Mix together the cucumber, spring onions, beans, coriander, chilli and noodles.
6. Combine the dressing ingredients and toss through the salad.
6. Spoon the salad on to 2 plates, slice the chicken and place on top.
7. Serve sprinkled with a few cashew nuts.

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Mon- Fri: Lunch Time Buffet £10 Per Person
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Large Parties: 100 people+ - Set meals £12 per person

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LONDON'S EVENING UNIVERSITY



Stunts, flips and air tricks

BMX bikers and skaters show off their skills in the parks

SEE PAGE 6



Walkabout in the borough

Action to clean up the streets after ward visits

SEE PAGES 14 & 15



Places to go, things to do

Find out what's going on in the borough this month

SEE GET A LIFE, INSIDE

ISSUE 962 3 - 9 JUNE 2013

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TOWER HAMLETS

eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

BE SKILLED, NOT SKINT!

If you're 16-24, out of work or leaving school, why not sign up to one of our courses and seriously give your job prospects a boost!

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www.learnaliving.co.uk

Call our Bethnal Green Centre:
0800 62 26 587
0207 613 5047

LifeSkills

www.learnaliving.co.uk

Now available for 19-24 year olds

LifeSkills is one of the leading Learner Providers in the UK and our focus is about showing you the way by giving you the tools you need to get the jobs you want. The company started from humble beginnings back in 2002 at our site in Bethnal Green. Today we train in excess of 1000 learners at centres across the country delivering employment and apprenticeship learning programmes that are highly praised throughout the industry.

We've been awarded multiple Grade 1's from Ofsted (Outstanding) and have been recognised for four consecutive years as a Sunday Times list of Best Small Companies to Work For. We've also received extraordinary status in the Best Companies awards twice..

And because there's nothing wrong with blowing your own trumpet from time to time, here are some other achievements we're really proud of:

- 79% of young people on our courses went into a Job or an Apprenticeship.
- 88% of our Apprentices achieved their Apprenticeships.

And even though we've expanded at a rapid rate, the quality of our learning has never been compromised. We always put you first and give you the best possible support so you have the best possible chance to not only realise your potential, but exceed it.

FOUNDATION LEARNING

PLACES AVAILABLE NOW

Admin (Business Professional) • Childcare • Retail



This course is open for 16-18 year olds who are currently unemployed and not at college. And don't worry, it's nothing like school. It's just a way of you getting the skills you need to get a job. Oh, and did we mention you could also receive an attendance bonus of up to £40 a month for candidates and all your travel costs paid? Tempted? As well as giving you the skills for a certain job, we can help you with stuff like CV's and job interview techniques. And you can get a qualification in Maths, English or ICT at the same time. So when you've finished, you could have more than 5 certificates, including a Level 1 NVQ, when you apply for a new job! In total, 79% of young people who attended one of our Foundation Learning courses went on to get a Job or an Apprenticeship. Sound pretty good?

FOUNDATION LEARNING FOR 19-24 YEAR OLDS

IMMEDIATE STARTS



We've now extended our Foundation Learning courses in for 19-24 year olds. So as long as you're currently receiving Jobseeker's Allowance, unemployed, not at college and fit in the age range you can apply. It's just like our existing course - you'll gain confidence, experience and knowledge from our expert staff as you train towards a QCF/VQ Level 1 or Level 2 in your chosen career subject. As well as giving you the skills for a certain job, we can help you with stuff like CV's and job interview techniques. How does that sound?

CONTACT US

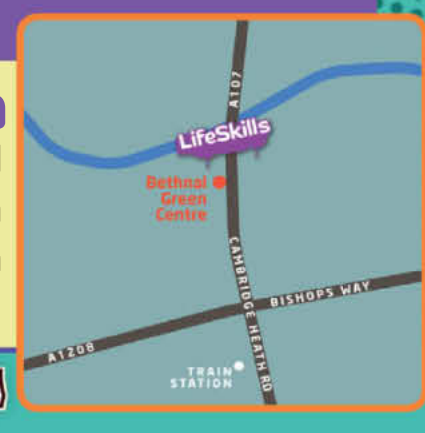
If you want to get your career on track, or maybe you'd just like more information, contact our Bethnal Green Centre now on the details below:

0800 62 26 587 or **0207 613 5047**

Or, why not email us at:

info@learnaliving.co.uk

LifeSkills Bethnal Green
519-523 Cambridge Heath Road
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LifeSkills are currently recruiting for Tutors and Learning Advisors. Please send your CV's to: info@learnaliving.co.uk

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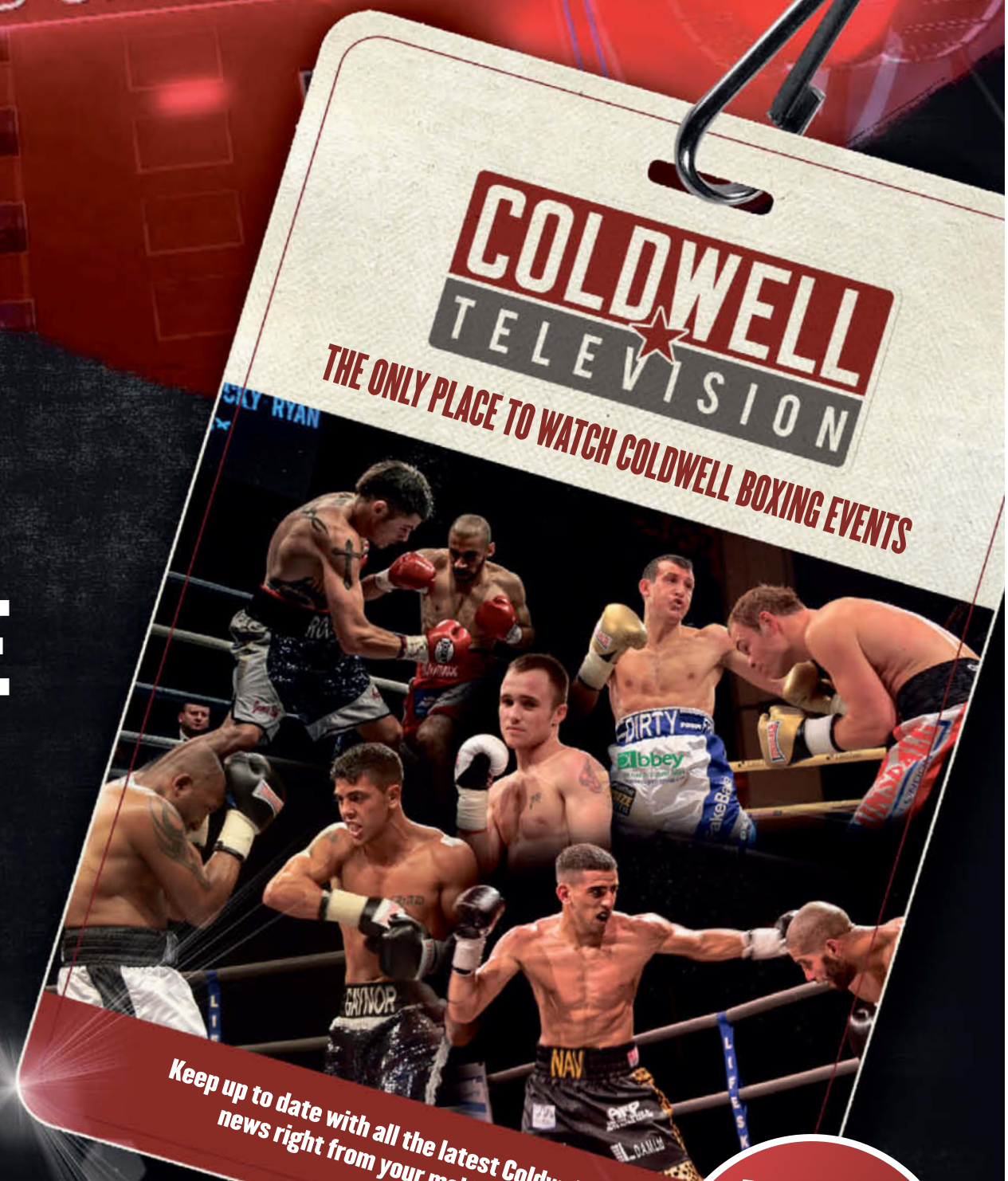
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WHAT'S YOUR NEXT MOVE?

Raising the Participation Age

What it means and how LifeSkills can help...

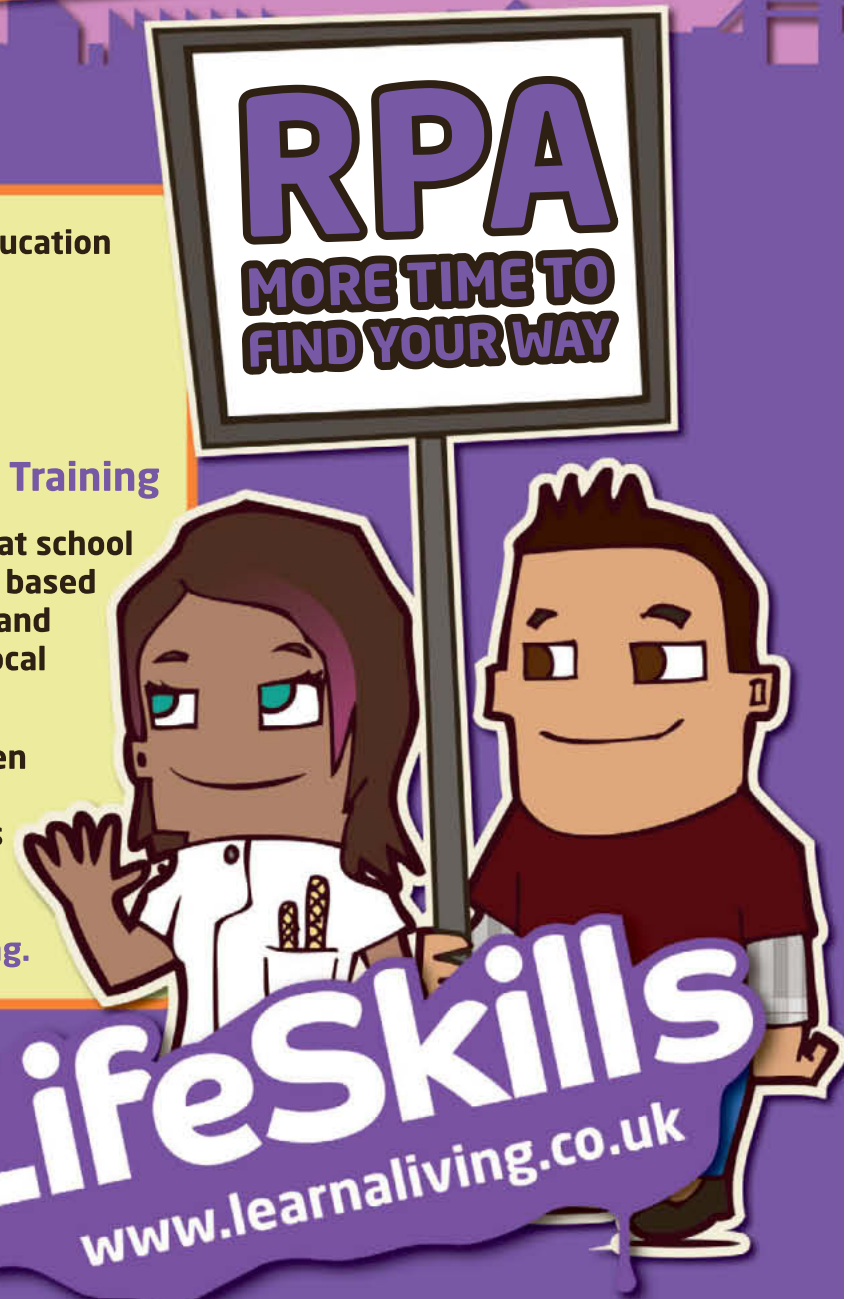
RPA
MORE TIME TO FIND YOUR WAY

From June 28th 2013, all young people must continue with their education until the end of the academic year in which they turn 17.
There are three routes available, which are:

1) Full-time Education
2) Apprenticeships
3) Full-time work combined with Part-time Education or Training

This does not mean that the young person has to stay in education at school or college. At LifeSkills we offer a wide range of full-time classroom based courses from award to diploma level through the new Traineeships and Study Programmes as well as placement opportunities with many local companies.

It is estimated that those who complete a Study Programme can then move on to an Apprenticeship and can earn at the same level as graduates, so this option of learning is very popular with employers and employees alike. So when considering your options for next year, please do give us a call or come and see our excellent training centre in Bethnal Green to see how we can help you to Learn a Living.



LifeSkills
www.learnaliving.co.uk

We are recruiting NOW for Foundation Learning courses in: Admin (Business Professional), Retail & Childcare Earn cash bonuses and gain loads of qualifications! What are you waiting for?

Contact our Bethnal Green Centre on:
0800 62 26 587 or 0207 613 5047

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All LifeSkills Programmes meet with requirements and conditionality for Raising the Participation Age